



# USGF GYMNASTICS

MAY/JUNE 1982

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# USGF GYMNASTICS

The Official Publication of the United States Gymnastics Federation

MAY/JUNE 1982

VOL. 11 NO. 3

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Ward Block



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On the cover: Peter Vidmar

Peter Vidmar is from Los Angeles, California and trains with Melode Solomonoff and Art Shrock at UCLA. At the 1980 NCAA Championships in Lincoln, Nebraska, Peter won the NCAA All Around title over the two-time defending champion Jim Hartung from Nebraska. At age 21, Peter is a 1980 U.S. Olympic Team member and has been a member of the USA National Team for the last five years. In 1980, Peter won the USGP Championships of the USA.

Photo by Dave Block

United States Gymnastics Federation:

MINIBUS American Athletic Union, American Gymnastics, American Tumblers, Association for Intercollegiate Athletics for Women, National Association for Girls and Women's Sports, National Association of College Gymnastics Coaches, National Association of Collegiate Gymnastics Coaches/Women, National Association of Intercollegiate Athletics, National Association of Women Gymnastics Judges, National Collegiate Athletic Association, National Federation of State High School Associations, National Gymnastics Judges Association, National High School Gymnastics Coaches Association, National Jewish Welfare Board, National Junior College Athletic Association, United States Association of Independent Gymnastics Clubs, United States Gymnastics Safety Association, Young Men's Christian Association.

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# THE USGF HOSTS THE WORLD

In 1982, the USGF will host seven international competitions and two tours from Seattle to Orlando, New York to Los Angeles.

ROGER COUNCIL

**T**his past year has been the most active year in my recollection regarding USGF competitions with other nations. As a consequence of the inauguration of the ABC-TV dual meet series entitled, "USA vs The World in Olympic Sports," the United States Gymnastics Federation has become a major international host. The "USA vs the World" series coupled with the McDonald's American Cup, the International Mixed Pairs, the Rhythmic Gymnastics International Invitational and the USGF International Invitational has allowed the United States Gymnastics Federation to be truly an international host to all nations of the world.

The American Cup/Mixed Pairs series hosted approximately one hundred people. The "USA vs the World" series had, in our guest delegations of about 25 people in size from each of the three visiting nations (Hungary, the Peoples Republic of China, the Soviet Union). With the McDonald's Invitational, we will have about 70 people from other nations in attendance and the USGF International Invitational will host approximately another 100 people in total, over 300 officials, coaches, judges, interpreters and delegation personnel representing some 20 countries will visit 17 cities across the U.S. traveling close to 10,000 domestic miles.

The activity during these visits of the foreign delegations is quite interesting and usually extensive, going far beyond the competition itself. The USGF, in many cases, pays for the air travel of the delegation to the United States, and in all cases food, lodging costs, ground transportation, competitive awards, entertainment and welcoming gifts. At times, particularly when we are hosting a

USGF Executive Director Roger Council congratulating the Russian women's team in Greenville, Florida (right) while closely watching American Cup and International Mixed Pairs gymnasts (L-R) Melko Ghani, Ayusa Matsushita, Betsy Grunbaum, Barbara Mironova, Gina Stollard, Lisa Young, Tracey Tolerry, Sandi Lee, Peter and Priscilla Schenk in Disney World in Orlando (below).





After the 1984 USAG competition, a toast to a splendid meet! (L-R) Don Peters — USA Women's Coach, German Thielges — Soviet delegation leader, Jackie Pie — FIG Technical Committee member, Alvin Grossfeld — USA Men's Coach, Fabio Scattolon — Superior judge from Italy, Ron Kusmer — USA Women's Coach, Debbie Guss — USA judge, Miss Berg — superior judge from Sweden and Eudelle Tortscher — Soviet judge.

ation with whom we know there will be close competition, often we find that there is a mutual wavering, in the first few hours as the visiting delegation arrives. As time wears on, however, and the out of gyro experiences are positive and comfortable, all the athletes warm up to each other. Along with these competitions, the USGF has sponsored two tours this year. Invitational performances were given in 10 cities by the athletes from the Soviet Union and the Peoples Republic of China to help promote the growth and enthusiasm for gymnastics. Many of our own gymnasts are able to travel and perform on these tours, and at these times have made many lasting friendships.

We have toured amusement parks and cities large and small

and have seen many, many sights with the various delegations that we have invited. We feel that we have had an opportunity to show the world the greatness of our nation and the greatness of our people. We have also, of course, in the process, had an opportunity to show the world the greatness of our gymnastics, the potential of our young gymnasts, and our desire to be a top world class competitor in the sport of gymnastics.

In the future, we hope to be the international host for many more gymnastics encounters. We hope that we can continue to show the world what our potential as a nation is both grammatically and with regard to our day to day life style. We have the greatest nation in the world and we are eager to share the "American" experience.

USA/URSS all-around champion Mitch Gaylord acknowledging the crowd at the University of Florida; left: ABC's Gail Righy interviewing USA/Wiugary all-around champion Amy Koopman for the network's "USA vs. the World" series.



# RESPONSIBLE RISK

TED MULZICKI

**L**ately there has been much discussion about the safety aspects of the new FIG elements found in men's gymnastics exercises. Although times have changed and our sport has become more complex, risk remains relative and not absolute. Further, the current FIG rules offer high scoring alternatives to risk — that can be and should be safe at all levels of competition.

## RECOGNIZING RISK

There is risk involved in every facet of our lives, driving cars, flight in aircraft, crossing the street. This is ordinary risk, and is a part of our current style of living.

Whenever there is a desire for growth or progress or to meet new challenges, another type of risk is often involved, extra ordinary risk. Examples range from our pioneers crossing the Rockies to landing a man on the moon. Regardless of the type of risk involved, it is essentially the individual choice of the informed risk taker that determines how safe he will be in an accomplishing his goals.

Risk is part of men's gymnastics in the following ways:

- Methods of performing moves
- A bonus point, usually 0.2 out of 10.0 with a maximum of 0.5 out of 10.0
- In some higher difficulty moves
- In certain combinations of moves.

We all want our sport to grow safely.

Most of the growth in men's gymnastics during the last ten years has been due to ordinary risk. Some of it, however, has been due to extraordinary risk. Gymnasts often have a way of expressing themselves beyond existing rules. As an example, in the late 1960s and early 1970s, the Japanese gymnasts had risk in their exercises far beyond the possible awards that the system could give. Many of the moves showed ordinary risk, some showed extraordinary risk. The rules then as well as now, provide for safe growth and expression. High scores are possible without extraordinary risk.

The gymnast and his coach must keep in mind that the differences between ordinary risk and extraordinary risk can be relative. A round off, flip, drop, full twisting back salto may be ordinary risk for one gymnast, but extraordinary risk for another. The relative nature of risk is also shown by "time". The extraordinary risk double-twisting back salto (floor exercise), of twenty years ago is now considered to be ordinary risk.

**IT IS NOT THE CONSTRUCTIVE AND THOUGHTFUL USE OF RISK THAT CAUSES INJURIES, BUT THE MISGUIDED AND ABSURD USE OF RISK THAT CAUSES MISFAPS**

## THE BASIC LAW

Consider the basic law of men's gymnastics page 61 of the 1979 Men's FIG code:

**The difficulty of an exercise must never be increased at the cost of proper form and technically correct execution. An exercise must be assigned to the ability of the gymnast. Complete body control, assurance and elegance are the chief characteristics of gymnasts."**

## ENFORCEMENT

An unenforced law is no law at all. The "Basic Law" is directly enforced by the following:

1. There is no deduction for execution faults incurred in performing risky or difficult moves. A 0.5 deduction is the same for a single or a double salto. This rule has been in effect for over 10 years. One exception exists — 56.5, page 46, 1979 FIG code

2. If a risky move is done poorly, i.e., obvious lack of control, (0.3 or more in deductions), then no bonus points for risk can be given. If you do it poorly, you don't get paid.

3. Difficulty does not necessarily mean risk. Doing more difficult moves does not mean risk will be awarded. For example, a back salto to split is a C difficulty skill, but is not given risk. A press to a one arm handstand (floor) is valued at 2 Cs, but no risk.

In the United States, our judges have been instructed to deduct up to 0.6 for "working in an unsafe manner", under the combination - spiritual expression category as delineated in our latest Rules Interpretations Publication.

## THE ALTERNATIVES

There are alternatives to getting a maximum 10.0 score or nearly maximum extraordinary risk. Take originality. A base score of 9.6 can be enhanced as follows:

	Exercise	Exercise	rather	Exercise
	A	B	than	C
Base Score	9.6	9.6		9.4
Originality	0.5	0.5		0.1
Virtuosity	0.2	0.2		0.2
Risk	0.1	—		0.5
Maximum Possible	10.0	9.9		10.0

It is possible to score a 9.9 maximum, with no bonus risk or 10.0 with a small bonus risk.

It is beyond me why America — "Land of the Free" is not the "Home of the New" in men's gymnastics. I can only conclude the new move generating, creative thought processes are too difficult for most coaches and gymnasts. Many take the mentally easy way out indistinguishable with risk. This is not an indictment, but a challenge.

— Choose risk wisely. Many moves are risky because risking them does not mean injury, but loss of points. I.e., risk shift thought is involved rather than risk/gamble play. Some examples are double layout salto's or a salto with a triple twist. Also, what is risk for one gymnast may not be so for another. Know your gymnast. Avoid short cuts, use cautious progressions.

— Work on control and virtuosity. Even with no bonus points for risk or originality, a 9.6 maximum is possible.

— If coaches find certain moves show "a high degree of extraordinary risk", and are beyond the abilities of their best gymnasts, using the best equipment and latest techniques, then it makes common sense to simply not do them. If it is counterproductive, there are other ways. If this commonsense approach still does not work, then the coaches through their association should submit a list of agreed upon "banned/suspect moves" to the NGJA, and these will not be counted when performed in the USA. Further, if the feeling is strong enough, it will be brought to the attention of FIG.

— If a coach or gymnast feels that competition III rules are too risky, it should be noted that by substituting II's for Cs, the difficulty maximum drops by only 0.4. Most of our upper level gymnasts have no trouble doing 5 Cs and this is a good method to safely separate those who can do better work from those who can't. This approach will not arrest the normal and safe growth of our sport. Further, those gymnasts who try to do more than they are capable of doing, violate the "Basic Law" and will lose more points for trying to do what they obviously cannot.

In summary, if you review the rules you will see there are safe alternatives to high scores. If you know your gymnasts, you can choose from these alternatives. If you need other alternatives, write the NGJA Technical Committee. Also, the NCAA Rules Committee, through the Coaches Association sounding board or other means, will be happy to hear from you.

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# USGF GYMNASTICS

1982 McDonald's AMERICAN CUP

## NEW YORK, NEW YORK

*USGF International Gymnastics returns to the big apple and to Madison Square Garden, as Bulgaria's Zoya Grincharova and Julianne McNamara and Bart Conner were "Mc-Winners."*

Photograph by Dave Block

**New York**—America's Julianne McNamara and Bart Conner repeated as champions in the 1982 McDonald's American Cup. Julianne tied for the women's championship with Bulgaria's Zoya Grincharova. For Bart Conner, that was his third American Cup victory, having won before in 1978 and in last year's 1981 competition. As well, this was Julianne McNamara's second championship, also winning the 1981 meet. However, in the seven year history of the American Cup, this was the first tie for the championship.

Bulgarian Zoya Grincharova, like Julianne, was coming off a bronze medal victory from the recent 1981 World Championships. Grincharova was third place in floor exercise in Moscow while

placing 17th in all-around finals—she was the top AA performer for her team. The Bulgarian team finished these World Championships in seventh place, 1-44 behind the ninth place USA Team. Grincharova's 9.90 floor routine, her last event at the American Cup, enabled her to tie with Julianne.

The year's McDonald's American Cup returned to New York City and to Madison Square Garden, today's premiere sporting stage. The history of the American Cup is here at the Garden, where 10 Olympic and 15 World Champions have competed for the Cup.

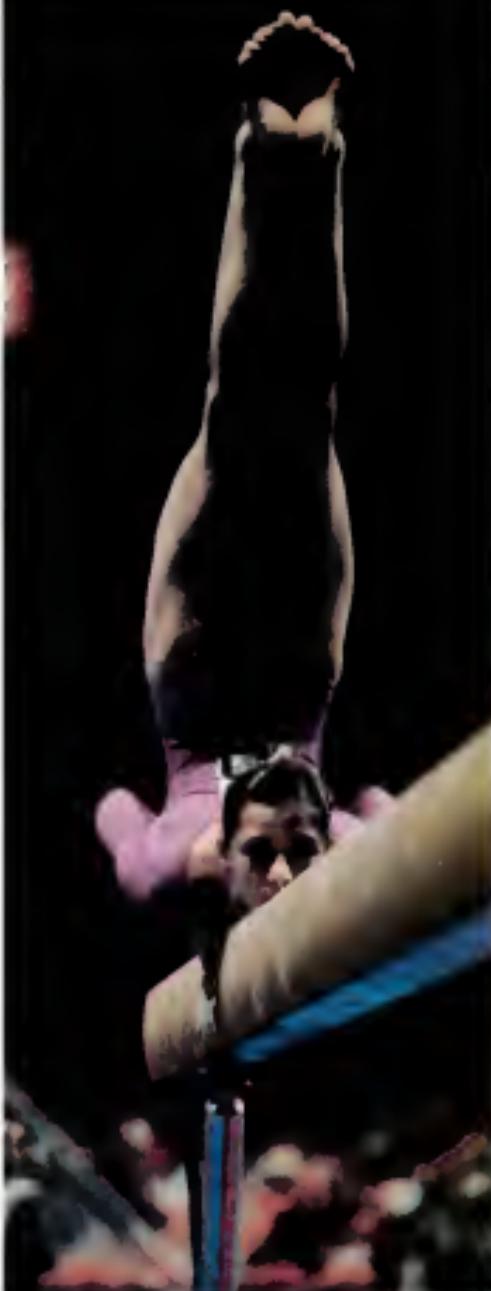
Olympic Champions		Am. Cup Year	Am. Cup AA place	Olympic Year	Olympic Gold
Elena Devyatova (URSS)	1976	3rd	1980 AA	Team	
Nadia Comaneci (ROM)	1976	1st	1976 AA, UB, BB		
Mitsue Tsukahara (JPN)	1976	4th	1972 HG, Team		
	1977	1st	1978 HG, Team		
	1979	5th			
Natalia Shaposhnikova (URSS)	1979	11th	1980 V, Team		
Roland Bräuer (DDR)	1979	2nd	1980 FX		
Stella Zelikovska (URSS)	1979	1st	1980 Team		
Elena Naimushina (URSS)	1979	6th	1980 Team		
Mark Graeck (DDR)	1979	2nd	1980 UB		
Zoltan Magyar (HUN)	1979	5th	1978 PH		
	1980	6th	1980 PH		
Stojan Delchev (BUL)	1980	3rd	1980 HB		
World Champions		Am. Cup Year	Am. Cup AA place	World C. Year	World C. Gold
Nadia Comaneci (ROM)	1976	1st	1978 BB		
Bon Conner (USA)	1976	1st	1979 Team		
	1977	5th			
	1978	3rd			
	1979	2nd			
	1980	1st			
	1981	1st			
	1982	1st			
Mitsue Tsukahara (JPN)	1976	4th	1975 V, Team		
	1977	1st			
	1978	6th			
Eberhard Glüsgen (FRG)	1977	4th	1974 HB		
Kurt Thomas (USA)	1977	2nd	1979 FX		
	1978	1st	1979 HB, FK		
	1979	1st			
	1980	1st			
Vern Deems (TOH)	1978	4th	1979 BB		
	1980	6th			
Peter Bräuer (DDR)	1978	2nd	1978 FX		
Mark Graeck (DDR)	1979	2nd	1978 UB		
Zoltan Magyar (HUN)	1979	5th	1974 PH		
	1980	6th	1978 PH		
Bogdan Maksus (URSS)	1979	2nd	1978 Team		
Dumitru Turner (ROM)	1980	4th	1979 V, Team		
Emilia Eberle (ROM)	1980	2nd	1979 FX, Team		
Marcia Frederic (USA)	1980	3rd	1978 UB		
Yuguo Li (CHN)	1981	3rd	1981 FX		
Michael Nitschke (DDR)	1982	10th	1981 PH		

Forty gymnasts from 15 nations competed this year. For the men, Americans-Bon Conner, Jim Harting and Peter Vihrner competed against 1981 World Pommel Horse Co-Champion Michael Nitschke (DDR) and World Championships event finalists Jean Luc Caron (FRA), Keiichi Goto (JPN) and Dzisiprogy Gacagulyi (HUN)—each scoring a "10.0" in the Moscow Finals. Goto on HB and Gacagulyi on PH. Nitschke also made finals in four other World Championships events—FX, V, PB and HB. The Soviet Union sent 20-year-old Alexander Popovtsev who placed 11th in their '81 National Championships and 1981 Champions-All AA Co-Champion, Alexander Tumofersch. Two World Championships team alternates also competed—Japan's Shinji Morisue and Peoples Republic of China's Zou Leman.

For the women, McNamee, Tatjana Talavera and Gina Stalions competed against gymnasts from the Soviet Union, Peoples Republic of China, German Democratic Republic, Hungary, Bulgaria, Japan and Canada. From the '81 World Championships all-around

"The 1981 American Cup was held in Ft. Worth, Texas at the Tarrant County Convention Center.

(Left) McDonald's American Cup Champion Bon Conner, Zoya Gacagulyi and Tatjana McNamee. (Right) Boys' dressmakers from Bulgaria and with Tatjana McNamee for the cup with a 9.9 in floor exercise, the final event.





finals were Marina Polycarpa (POL) 14th AA, Grusichanova, Bonnie Whitman (CAN) 54th and Anna Marie Stevens (CAN) 56th, and Dagmar Baumkloepel (FRG) 28th, who sprained her ankle in Friday's training and scratched. For the most part, it was a youthful field of gymnasts, the Russia's Feslova and Shishikova — GDR's Duan and Erni — Japan's Ohara and Shishikura and Hungary's Tünde Zalai who had recently been or are top ranked junior gymnasts in their own country. In the week prior to competition the USA's Kathy Johnson scratched due to illness and was replaced by USA World Championships Team member Gina Mulfant. Japan's Morkus arrived with a sore ankle (achilles tendon), which he favored in the training days prior to competition. In these training days the three USA men looked strong and showed some routine changes since the World Championships — Vidmar had added a full in air TS and was working on a flat to handstand leading into his scissors work on FB. Conner was working a similar FH combination and has included additional one-arm work on HB, while Harring also showed one-arm giants. The routine construction of the USA winners was basically the same as in the World Championships except Takahara was again working on round-off flip-flop onto the beam and was mounting pike double-back in floor. All six USA competitors appeared prepared for the competition.

**The Men's Meet:** — Possibly, this McDonald's American Cup looked excellent. Many top gymnasts from the recent World Championships were competing, and the depth of the 19 men forecast a strong competition to make the top eight for Snyders' finals in the optional only meet. However, inconsistency plagued almost every gymnast. These misses appeared to be caused by several reasons — some gymnasts were working new parts in their routines, while others were merely at the beginning of their competitive season in Europe and Asia.

In the qualifying competition on Saturday, missed routines

## *"Many top gymnasts from the recent World Championships were competing . . ."*

from top challengers came from Tsimlichov (USSR) on PB, Geiger (FRG) on FX, Gacsapthy (HUN) on FX, Pogorelov (USSR) on HB, Conner on HB and World Parallel Horse Co-Champion Michael Nikolay (GDR) on PH. Nikolay lost control attempting a one-pointed combination of three backmoms in a row. Considered to be a repeat of his 1975 meet (Gesinger) which immediately followed his one-arm giant combination.

Peter Vidmar had all six routines enabling him to win the qualifying competition by .05 over Conner 58.00 to 57.95. The top eight qualifiers for finals were: Vidmar, Conner (USA), Goto, Monseur (JPN), Zou, Xu (PRC), Pogorelov (USSR), and Geiger (FRG). Jim Harring scored 57.65, finishing third in Saturday's all-around, satisfying an American one, two, three finish. However, a competitive rule specific to the American Cup, allows only two athletes from one country to qualify for the finals — which results in eliminating one of the "group" areas of the sport.

**Men's Floor:** — Bart Conner nailed his high bar set on Sunday to score 9.50 and defeat Peter Vidmar by another solid .05 margin, 58.70 to 58.65-20th. Pogorelov, Vidmar and Conner had all led the competition at one time or another with Pogorelov and Conner tied going into HB, the final event, and Vidmar .05 behind the two leaders. The seasoned experience of these gymnasts was evident as Zou, Goto, Monseur and Vidmar also scored 9.90, all finishing the competition with state of the art horizontal bar. Pogorelov's HB was phenomenal — including 1 1/2 twisting Gringras — but he slightly over rotated his triple back diamond, putting his hands down for support and losing .50 from the judges. He scored a 9.80 and finished in third position behind Conner and Vidmar.

Pogorelov had begun the competition winning floor exercise. His floor set included a straddle open pike side somersault 9.75 and 1 1/2 for the mount, circular flair in a splitذر combination, a Y (left) Julianne McNamee successfully defended her 1981 American Cup title in March at Madison Square Garden. (Right) Peter Vidmar won the qualifying round and then finished second to Bart Conner as the finals





American competitors (l-r) Diane Tolimena, Gina Stellone and Johnson McNaulls.

Handstand press and tuck double back dismount. China's Zou was second, scoring 9.80 with high tumbling, followed by Vidaur and then Conner. Morris' score aside allowed him to only attempt and dismount with double fulls — dropping his PB score to 9.30.

In pointed loose, Conner and Pogorelyi tied for first with Goto in third and Vidaur in fourth. Zou demonstrated fine execution, and extended body position, but with a small break he finished tied for ninth with Geiger at 9.90. The current PB evolution is challenging to stop at the many twists — off-podium work, multiple one-pennant combinations, four combinations and transitions. Pogorelyi, Vidaur and Goto give "clues" to illustrate this. The competition was off to a competitive start with the scores very close for the top five: Pogorelyi, Conner, Vidaur, Zou and Goto.

Goto and Zou each scored 9.00 on rings, Goto picking up a lot of swing and Zou having difficulty holding a handstand. Conner's stuck layout tuck double back dismount helped him score a 9.80 to tie the floor with Morris. In this third event, Goto's and Zou's mistakes opened up the competition for the last three events — V, PB and BB — for a Pogorelyi, Conner and Vidaur duel.

Pogorelyi was vaulting with a high piked handstand front that had lots of distance in the pose flight to take the lead. Then in the next event, Conner and Vidaur tied for first in parallel bars, with Pogorelyi in third. In total Conner would end up four event victories — PB, R, BB and HR, while Pogorelyi would have two events outright — FX and V and tie with Conner on PB. After parallel bars, Conner and Pogorelyi could each lay claim to three event victories, and they went into the last event tied at 48.80. Vidaur was right behind at 48.75.

Morris, Zou and Goto got BB off to a fast start, as each scored 9.90 — with Morris leading off the event by dismounting with triple full. After Xu (PRC) hit his routine for a 9.50, Pogorelyi was up. In the qualifying round he had barely missed 14.1% twisting Ginger, slipping off after the ringing. In finals he nailed it and had an excellent routine going until he over rotated the triple back dismount — scoring 9.40. Conner and Vidaur finished the competition each hitting their HR sets and also scoring 9.90 to tie for the event with three others. Conner had won his third American Cup with a solid performance by hitting all six events and showing superior form ... a performance the international judges have come to expect.

**The Women's Meet:** — As in the men's qualifying meet, mixed rounds sold much of the story in determining the finalists for the McDonald's America Cup. Preliminary finalist Alina

Shishova (USSR) missed three of four routines — US, BB and FX — missing her mount and losing concentration on bars, slipping off the beam after performing round off tuck full and crashing on her fall in midair floor. Last December Shishova had competed quite successfully at the Chonchui Cup in Japan placing third AA behind winner Bicharova (USSR). The German Democratic Republic's Doro missed BB and tied US and FX, and China's Zhou Xiangping had trouble with beam. These misses could be attributed to youth and inexperience. But, even those who made finals had misses — Tolimena BB and FX, Stellone BB, Tang (PRC) BB, Polcovska (CZE) FX and Frolova (USSR) BB.

Julianne McNamara was the qualifying competition by 30 over Bulgaria's Zoja Granechikova. Both gymnasts were consistent in performance, and each scored well in their top event — McNamara 9.90 bars and Granechikova 9.80 floor exercises. The crowd at the Garden mostly appreciated the performances of the three USA women, in general, it was a slow and floppy competition.

**Women's Finals:** — Top eight make finals. But due to an error in scoring, in the qualifying round on Saturday, Sunday's finals had nine competitors including all three USA gymnasts. Meet officials decided to allow an additional competitor rather than to delete any gymnast from the already announced finals.

Tatjana Tolimena won the first event, vaulting. Her tucked handstand-beat had good height and distance, and she stuck the vault — score 9.70. Russia's Tatjana Frolova was second — with an excellent layout Tolimena had revisited.

Tolimena was also strong on bars, scoring 9.80 and finishing second to teammate McNamara. Tolimena was leading after two events as Julianne's 9.90 on BB and 9.45 V left her 15 behind in second. Frolova again appeared to space out on bars as she had the day before. Her 8.75 was ninth in the event, and she was out of the competition. It looked as though McNamara, Tolimena and Granechikova would battle through the remaining two events — bars and floor.

*"The history of the American Cup is here at the Garden, where 10 Olympic and 15 World Champions have competed for the Cup."*

But on beam, Gina Stellone's winning 9.75 performance vaulted her into fourth place; only US friend Granechikova, Tolimena again was consistent and her 9.70 score gave her the lead by 20 going into the last event.

In the final three events Granechikova and McNamara were also consistent. Granechikova used a layout Tolimena's visiting and uneven bars bar hit a stuck routine with good form as others missed or picked up costly form deficiencies. On balance beam she slightly lost control twice, and again a fairly stock routine was highlighted by an excellent, stretched body position and a strong flip-flop step through to tuck double-back dismount; to finish second on the event. Julianne had won uneven bars, finished second to Stellone on beam with a fine routine, and only lost ground in vaulting where she had scored 9.45 for a tucked beam out.

Going into floor exercise, Tolimena held the lead and was first to compete, but she severely under-executed her piked double-back round. She scored 9.25 and opened the door for Stellone, Grantcharova and McNamara. Gina Stellone's solid floor set couldn't beat McNamara's first 9.65 performance. Julianne moved into the lead as Granechikova prepared to compete. Granechikova had won the bronze medal in floor in Moscow with a dynamic and powerful routine. In New York, her performance was no worse ... her tumbling included a triple-tuck and a front through to tucked double back, a transitional tumbling part was a high full twisting flip-flop, while her dance, music and choreography demonstrated why bars was the top floor routine of the day. She scored 9.90 which tied her with Julianne as the McDonald's America Cup's first Co-Champions.



Jill Harrington finished third in the qualifying round while winning rings that day with a 9.80

**McDonald's American Cup**  
**Madison Square Garden**  
**New York City, New York**  
**March 6, 1982**

**Qualifying Results**

		AA	FX	PH	R	V	PS	HS	Total
1	Peter Vidmar	USA	9.65	9.70	9.95	9.75	9.95	9.60	
2	Bert Conner	USA	9.60	9.75	9.75	9.65	9.80	9.30	97.95
3	Jim Hartung	USA	9.60	9.65	9.90	9.65	9.60	9.45	97.95
4	Kiyoshi Goto	JPN	9.50	9.80	9.75	9.55	9.65	9.45	97.85
5	Shuzo Mototsu	JPN	9.30	9.50	9.85	9.75	9.50	9.85	97.50
6	Zou Lumin	PRC	9.75	9.50	9.50	9.65	9.25	9.50	97.35
7	Alexander Pogosyan	URSSR	9.55	9.75	9.80	9.65	9.45	9.20	97.35
8	Juergen Dierig	FRG	9.00	9.0	9.0	9.0	9.0	9.0	88.00
9	Xu Zhongqian	PRC	9.00	9.0	9.0	9.0	9.0	9.0	88.00
10	Michel Nikolay	GDR	9.40	9.20	9.00	9.65	9.40	9.00	95.85
11	Jean Luc Ceron	FRA	9.45	9.25	9.10	9.65	9.10	9.45	93.90
12	Gyorgy Slobodeny	HUN	9.80	9.70	9.60	9.60	9.80	9.55	93.25
13	Alexander Tschitschikov	URSSR	9.45	9.70	9.65	9.65	9.45	9.55	93.20
14	Bert Conner	USA	9.30	9.20	9.25	9.62	9.30	9.45	93.15
15	Jean Chiquet	CAN	9.80	9.85	9.15	9.65	9.80	9.80	93.85
16	Olegim Bensouk	FRA	9.20	9.10	9.05	9.05	9.25	9.00	93.05
17	Andrea Moro	GDR	9.25	9.80	9.65	9.65	9.65	9.85	94.85
18	Markus Lehmann	FRA	9.13	9.05	9.75	9.45	9.05	9.00	94.35
19	Brad Peters	CAN	9.95	9.00	9.00	9.00	9.00	9.00	93.95

**Final Results**

		AA	FX	PH	R	V	PS	HS	Total
1	Bert Conner	USA	9.70	9.80	9.80	9.70	9.80	9.80	98.70
2	Peter Vidmar	USA	9.75	9.70	9.75	9.75	9.80	9.85	98.65
3	Alexander Pogosyan	URSSR	9.68	9.80	9.80	9.65	9.75	9.40	98.60
4	Stephan Moro	FRA	9.30	9.40	9.20	9.75	9.55	9.75	97.85
5	Kiyoshi Goto	JPN	9.55	9.75	9.80	9.65	9.65	9.50	97.80
6	Juergen Dierig	FRG	9.25	9.20	9.35	9.85	9.65	9.65	97.50
7	Zou Lumin	PRC	9.60	9.80	9.30	9.55	9.10	9.80	94.95
8	Xu Zhongqian	PRC	9.65	9.70	9.80	9.65	9.75	9.80	94.90

**McDonald's American Cup**  
**Madison Square Garden**  
**New York City, New York**  
**March 6, 1982**

**Qualifying Results**

		AA	V	UR	BB	FX	Total
1	Jillianene McNamee	USA	9.45	9.50	9.55	9.85	98.55
2	Zoya Grinchenko	BLR	9.60	9.45	9.45	9.80	98.25
3	Gina Shatalina	USA	9.40	9.70	9.25	9.85	97.95
4	Traces Tsvetanova	USA	9.70	9.70	9.25	9.85	97.95
5	Ting Xiefei	PRC	9.38	9.85	9.20	9.50	97.70
6	Marina Polozova	TCH	9.70	9.50	9.80	9.80	97.50
7	Tatyana Prokofeva	USSR	9.78	9.45	9.45	9.88	97.30
8	Zhou Xingping	PRC	9.48	9.10	9.15	9.80	95.95
9	Tünde Zellnáczky	HUN	9.10	9.20	9.25	9.85	95.75
10	Fredrica Denz	OSR	9.48	9.60	8.75	8.85	95.70
11	Mitsko Ohara	JPN	9.90	9.00	9.45	9.40	98.70
12	Azumi Shinozaki	JPN	9.48	9.50	9.20	9.35	96.55
13	Michael Ehrli	OSR	9.48	9.80	9.25	9.85	96.35
14	Lisa Young	GBR	9.00	9.00	8.85	9.00	96.10
15	Bonnie Wiltshire	CAN	9.80	9.50	8.75	9.00	95.75
16	Aliona Shishova	USSR	9.60	9.00	9.65	9.00	95.45
17	Florulka Schenck	SLV	8.90	9.80	8.65	9.00	95.40
18	Alma Merle Desharnais	CAN	9.25	9.90	9.15	9.85	95.35
19	Sandrine Fischer	PRC	9.80	9.25	8.45	9.30	93.90
20	Dagmar Brennenkamp	PRC	0.00	0.00	0.00	0.00	0.00

**Final Results**

		AA	V	UR	BB	FX	Total
1	Jillianene McNamee	USA	9.45	9.80	9.55	9.85	98.65
2	Zoya Grinchenko	BLR	9.60	9.05	9.50	9.90	98.65
3	Traces Tsvetanova	USA	9.70	9.80	9.75	9.85	98.45
4	Ting Xiefei	PRC	9.60	9.45	9.80	9.85	98.30
5	Gina Shatalina	USA	9.40	9.65	9.80	9.85	98.20
6	Tatyana Prokofeva	USSR	9.60	8.75	9.80	9.65	97.80
7	Marina Polozova	TCH	9.20	9.20	9.45	9.85	97.30
8	Zhou Xingping	PRC	9.30	9.80	9.80	9.05	97.90
9	Tünde Zellnáczky	HUN	9.05	8.80	9.80	9.05	95.95



People's Republic of China

Soviet Union

Hungary

Japan

*Since January, the USA National Teams have traveled to Hamamatsu, Japan; Atlantic City, New Jersey; Los Angeles, California and Gainesville, Florida to compete against gymnasts from Japan, Hungary, the Peoples Republic of China and the Soviet Union.*

# “THE USA VERSUS THE WORLD”

Art and Photography by Dave Black

*The journey to Westwood  
and LA-84 began in Japan.*

MAKOTO SAKAMOTO

**JPN**  
**USA**

**Men's Competition** — Hamamatsu City Gymnasium was the site of the second Japan/USA dual meet. The first one was held in 1970 at which time the USA men defeated the Japanese, but lost the all around title to Misao Takemoto. The Japanese felt indebted to the Americans for demonstrating consecutive flip-flops at a time when they were doing high, arched back handsprings. At the time of independence, stretching back 32 years, and their sense of grace for numerous American invasions extended to them, were manifested in the warm, royal reception given to the 28 members of the visiting USA National Team. We owe innumerable amounts of gratitude to ABC Television, Japan Gymnastic Association, Shizuoka Gymnastic Association and the Shizuoka Broadcasting System.

On Saturday January 20, the men and women competed for team and individual all around awards. The six USA men, consisting of Tim Duggan, Scott Johnson, Ray Palau, Peter Vulmar, Wally Miller, and Mario McCutcheon began on pommel horse, while the Japanese team consisting of Kyozan Goto, Toshiro Kuni, Kyuji Yamamoto, Sadao Kedesuji, Jiro Inomata, and Toshiya Marumatsu began on floor exercise. The draw was determined by the flip of a coin. We followed Olympic order, thus the USA finished on floor exercise, and the Japanese on horizontal bar. The gymnasts performed alternately with the Japanese first up on the floor, followed by the first USA gymnast on pommel horse. In the second rotation, the USA gymnast performed first on rings, followed by the Japanese on pommel horse. This alternative pattern continued through six rotations. There was a one-touch warm up per rotation.

The Japanese team consisted of three competing members of their World Championships Team (Goto, Kuni and Yamamoto). The USA men also had three World Championships Team competing members (Duggan, Vulmar and Johnson). The remaining three Japanese were college gymnasts — Marumatsu, the defending inter-collegiate all around champion from Tohoku University, Inomata, third year student at Nittaidai, and Kedesuji, a senior also at Nittaidai. Palau, Miller and McCutcheon completed our six man team.

There were four judges per event, three from Japan and one from the USA. John Brookover (USA) and Harry Burtis (USA) served as head judges on four of the six events. Coaches for the USA were Alan Grossberg, Makoto Sakamoto and Francis Allen. Larry Gardner, formerly of the Dallas Cowboys was our outstanding trainer. Phil Cahoy could not perform due to injury sustained during practice.

The equipment was provided by the Senoh Company. The floor mat was the Reuther System, as well as the vaulting board. The parallel bars were made of wood, providing good grip and bounce. The straps of the rings were leather. The landing mats were Sar-foam, which hardened up more than usual due to the severe cold inside the gymnasium. The wooden construct of the gymnasium and the inflexibility of the hard floor exercise mat and board had adverse effects on most of our gymnasts, but since everyone worked under the same conditions no one could complain. Coaches mats were allowed on rings, vaulting, parallel bars and the horizontal bar. The AMCS Tiger Company provided every, cape jackets as well as sweat shirts, socks, etc. for all to enjoy.

The first day of competition started rather well for the USA. Mario, Scott and Wally had slight misses here and there, but Ray, Tim and Peter came through with fine performances. The Japanese looked inconsistent on the floor, although Yamamoto's effervescent full was beautiful and high. We were ahead by 0.85 after the first rotation. In the second rotation, the USA men performed well on the rings, though two men in the high eight's brought the total to a mediocre 9.65. Although I could not concentrate on the Japanese, it seemed as though the scores may have been lenient for them on the pommel horse, as I remember seeing several major beaks. The jingement on the whole do not swing extended, and

those 47.10 should perhaps have been lower. After the second rotation the USA lead gradually maintained a slight 0.10 edge over the Japanese. On vaulting, the USA totaled 47.30, though Pepe's "near" landing may have cost the USA a regrettable 0.4 points. Scott's full rotating Tashibana brought a sigh of marvel from Coach Hayata, the 1964 Olympic gold medalist on rings. The Japanese on rings were spotty. The women's World Championships numbers stated well, but the two colleagues botched to score double eights. It should be mentioned here that for the Japanese, January is an off season, especially for the colleagues whose championship is usually in July or August. After the third rotation, the USA

**"The unusual coldness of the gymnasium . . . had adverse effects on most of our gymnasts . . ."**

enjoyed the greatest lead of the afternoon, a 0.95 advantage. The first half of the afternoon faded quickly in the US, performed obviously on the parallel bars. Tim was the only bright spot with a strong 9.50. The Japanese overtook us with excellent vaults. After the fourth rotation, where we lost by 1.05, the Japanese moved ahead by 0.70. On the horizontal bar, where we could have narrowed the score, Pepe and Mario had poor performances, registering in the eight's. The Japanese increased their lead to 0.95, a lead just under one-point thanks mainly to Wally, Scott and Tim's outstanding horizontal bar routines. The ninth and last rotation literally "blew us away." Goto's 9.90 horizontal bar versus Mario and Wally's 8.70 on the floor indicated the extent of the "sixth rotation massacre." In spite of Roy's impressive 9.50, the Japanese outscored the USA Team by 2.25 in the last rotation alone. The Japanese defeated the USA by

Japan 8.50/9.50 Goto, a 1961 World Champion (a fourth place finisher in 1960) overcame some arm-giant combination. Goto won 100 in the 1964 Japan dual meet.



9.20, 282.40 to 279.20. In the all-around, Yamamoto was by far the best gymnast, winning easily with 57.50 over his teammate Kana who totaled 56.90. Tim Duggert had a great meet, placing third with a 56.70. Goto was fourth with 56.10, tying Scott who with luck could have been nearly on top. Roy also had a great meet, placing sixth with 55.85. After the meet, we all felt sad and disappointed. If there was any ray of hope, it was the realization that the United States can be competitive with the Japanese, who for years have dominated the world of men's gymnastics.

The second day competition pitted four Japanese versus four Americans on each event, hand-picked by the coaches. Seven

**"The number one lesson we all learned . . . was that consistency is the most important aspect of competition here and abroad . . ."**

were not carried over from the previous day. On floor, Yamamoto and Morimoto tied for first with 9.60. Roy and Pepe tied for third with 9.55. On pommel, Goto won with 9.40. Pepe second with 9.40 and Inamura third with 9.25. On rings, Yamamoto with a fine almost straight body half in half-cut, won with 9.75. Scott was second with a 9.60, and Goto tied with 9.55. On vaulting, Scott was first with 9.225, defining one of the best in Yamamoto, who scored 9.57. Roy made a mark here by tying Yamamoto for second place. Yamamoto proved why he is one of the best in the world by capturing his third individual gold by scoring 9.70 on the parallel bars. Pepe and Tim tied for second with 9.60. On the horizontal bar Pepe and Kedemoff tied for first with 9.60. Tim was third at 9.55.

The second day competition, where our boys did better, salvaged to some degree, our lackluster performance of the day before. But no matter how well we had done, nothing could have assuage the disappointing loss to the Japanese in the team competition. The number one lesson we all learned from this competition, was that "consistency" is the most important aspect of competition here and abroad, at whatever level of competence.

**USA/Japan  
Hamamatsu, Japan  
January 30, 1962**

Men	FX	PH	R	V	FB	HB	Total
<b>USA —</b>							
Tim Duggert	9.25	9.60	9.20	9.40	9.50	9.65	56.70
Scott Johnson	9.10	9.10	9.45	9.70	9.20	9.65	56.10
Ray Petersen	9.10	9.45	9.20	9.60	8.85	9.20	56.85
Peter Volmer	9.15	9.70	9.45	9.20	9.20	9.60	56.60
Wally Miller	8.70	8.75	8.90	9.40	8.70	8.80	54.05
Mario McDowell	8.70	9.20	8.70	9.15	8.85	9.30	55.75
<b>EVENT TOTAL</b>	45.70	47.05	46.35	47.30	45.90	46.90	279.20

<b>Japan —</b>							
Kyoji Yamamoto	9.80	9.25	9.60	9.70	9.65	9.70	57.50
Toshiro Kamei	9.25	9.50	9.45	9.60	9.50	9.60	56.90
Kiyoshi Goto	9.00	9.85	9.45	9.00	8.80	9.80	56.10
<b>Women</b>							
Muramoto	9.50	8.95	9.05	9.00	9.20	8.90	55.90
Saito	8.85	9.30	8.60	8.55	9.00	9.25	54.85
Jiro Inamura	8.45	9.20	8.40	8.20	8.20	8.80	53.85
<b>EVENT TOTAL</b>	40.20	47.13	46.45	47.55	47.15	47.95	282.40

**The Women's Competition:** — Experienced international performer Kathy Johnson led the USA Women's Team to an easy victory over the improving Japanese women's team. Both teams used a number of junior gymnasts in order for them to gain experience, and also to become more familiar with international team competition and the dual meet format.

The USA Team won every event and placed first, second and third in the all-around — as Kathy Johnson was uneven bars and the AA with a 38.00. Junior Mary Lou Retton won two events — FX and AA with two powerful routines. The only Japanese gymnast to win an event was Kazumi Uchida, who won balance beam with a 9.35.

**USA/Japan**  
**Harmansu, Japan**  
**January 30, 1982**

Weekend	V	US	BB	FX	Total
<b>USA —</b>					
Kathy Johnson	9.40	9.60	9.30	9.65	38.00
Mary Lou Retton	9.50	9.55	9.15	9.75	37.95
Debra Durham	8.93	8.65	8.30	8.45	34.15
Perri Black	8.05	8.10	8.70	8.35	33.20
Beth Popa	8.85	8.45	8.60	8.80	35.80
Michelle Dussers	8.82	7.75	8.05	8.62	35.20
<b>EVENT TOTAL</b>	48.80	47.30	45.50	47.75	188.25
<b>Japan —</b>					
Misako Miyao	8.40	8.55	8.70	8.25	34.00
Ayumi Shiohara	8.10	8.30	8.25	8.35	33.00
Makoto Ohara	8.89	8.75	8.19	8.35	35.90
Kazumi Uchida	8.50	8.05	8.35	8.15	33.45
Eriko Yasuda	8.82	8.20	8.49	8.75	35.19
Yoko Nishimura	8.85	8.75	8.00	8.20	34.80
<b>EVENT TOTAL</b>	46.35	46.20	44.45	44.90	179.80

West Virginia's Mary Lou Retton finished second in the all-around to Kathy Johnson and won two events, vaulting and floor exercise (right). (Below) The men's and women's teams from the USA and Japan in Harmansu, Japan.



# "Road to the Gold" in Atlantic City

WARD BLACK

## HUN USA

The balcony outside the competition gym at the Atlantic City Convention Center over looks the Atlantic Ocean and the famous boardwalk. On March 13, this historic eastern seashore city hosted an international dual meet between the national teams from Hungary and the United States. This was the second meet in a series of four dual meets scheduled between the U.S. and Japan, the Peoples Republic of China, the Soviet Union and Hungary. Last January in Hamamatsu, Japan, the USA Women's Team gained a victory, while the Men's Team was second to the strong Japanese.

This day, both USA Teams won over the teams from Hungary. The USA men won PB and HB their last two events, to beat the Hungarians by .90 — 285.20 to 284.80. The USA Women's Team took the lead after the first event, vaulting, and never looked back, winning all four events — USA 290.80, Hungary 185.80 in these dual meets, six gymnasts compete for each team and the top five scores are counted for the event and team totals. Now, after two meets the USA women are 2-0 and the men 1-1.

**The Women's Meet:** — The USA women fielded a strong team in Atlantic City from the results of last September's World Championships USA Team Trials, six of that top six were here — four competitors from the Moscow team, Tracey Talavera, Amy Koopman, Gina Stallone and Michelle Goodwin. USA World Championships Team member Shari Mann also competed as did Marie Roethlisberger. Talavera and Stallone had each competed three times before in the last eight days, twice at the American Cup in

New York City and in the International Meet in Jacksonville, Florida.

The Hungarian team was a combination of youth and experience. Three of the gymnasts were from their junior team and there were seniors who in the past competed for the Hungarian National Team. Their youngest competitor was Andrea Lajos, age 12, while two of the three senior gymnasts — Szilvia Kohner and Kristina Koerries — competed in the Moscow World Champs. Agota Papp placed eighth in the 1980 trials for the Hungarian Olympic Team. The Hungarians were in Atlantic City to gain international experience, building their team towards the 1983 World Championships which they are hosting.

In the first event of the competition, vaulting, the USA grinded a 1.10 lead. Amy Koopman won the event with a well performed tucked Touloukis full, while the USA Team scored a 9.70 to the Hungarians' 4.60. The Hungarians could not match the USA women in difficulty, consistency and post-flight. Five of six Hungarians vaulted with layout pike Tsukaharas averaging only 9.25 to the USA's 9.50 — Talavera used a tucked handstop barrel out, Roethlisberger a layout Tsukahara and Stallone, Mann and Goodwin all used full out-of-air.

Marie Roethlisberger led the USA team in the uneven bars with a 9.90 routine. The potential one-two Roethlisberger competition could be a mid boost to the USA Women's Team. Mann's routine included a giant to inverse hecaton, game hand change to immediate forward pikeouts, smaller work and giants to mock double-back dismount. Amy Koopman was second at 9.70 to maintain her AA lead. Talavera was short on a smaller lag causing her to lose control into a cast handstop — she hopped out and only scored 9.10. The USA won the event 47.70 to 45.85.

The USA momentum continued on parallel bars — the Amer-

ican's Roy Potaison competing against Hungary at the Atlantic City, NJ Convention Center (below). Hungary's Andree Szok (right).







(Left) Dr. Anna Aszko Iwanovszki from Hungary. (Above) Women's All Around Champion Amy Kroszner, and Tina Birch (below) Hungarian Gymnast Ferenc Donath demonstrating pommel horse (right).



ican women hit three routines and won the event by 2.15. The Hungarian team had five gymnasts fall in the beam event. Gina Saliotan's solid running dynamic double turn and neck double-back dismount earned her a score of 9.69 to win the event. Amy Koepman also continued to lead the all-around with a 9.60, but Marcia Rothleibberger and Talyvera all missed.

For everyone was no exception, the USA Team continued to dominate. Koepman's fine performance won the event as the USA finished one, two, three. Tracee Talavera nailed her floor routine, which had eluded her the previous week of competition at American Cup and Mixed-Pairs. The depth and experience for the USA Team never allowed the Hungarians to get into the meet. In the all-around, the USA finished one, two, three, four, six and eight, with Amy Koepman hitting four quality optional events to win by 1.0 over second place Tracee Talavera.

All the American gymnasts had shown improvements from the World Championships Experiments with many new optional parts, combinations and routines, plus this meet being one of the first of this year's competitive season accounted for many of the missed routines.

**USA/Hungary**  
**Atlantic City, New Jersey**  
**March 13, 1982**

Women	V	BB	BB	FX	Total
<b>USA —</b>					
Amy Koepman	9.70	9.70	9.80	9.75	38.75
Tracee Talavera	9.60	9.10	9.93	9.65	37.76
Gina Saliotan	8.75	9.90	9.65	9.20	37.70
Shari Mann	9.56	9.90	9.95	9.45	37.96
Michelle Goochen	9.25	8.95	9.55	9.10	38.95
Maria Rothleibberger	9.40	9.30	8.90	9.10	38.90
<b>EVENT TOTAL</b>	<b>47.50</b>	<b>47.70</b>	<b>47.55</b>	<b>47.55</b>	<b>190.30</b>
<b>Hungary —</b>					
Andrea Ladanyi	9.25	9.40	8.55	8.10	37.30
Aranka Jarevics	9.40	9.10	8.85	8.50	38.95
Andrea Kozak	8.60	9.25	9.25	9.20	36.40
Suzanne Kalmar	9.16	8.70	8.85	8.10	34.90
Agnes Papp	9.25	9.25	8.70	8.80	35.80
Kristina Kozetas	9.35	8.85	8.65	8.60	35.20
<b>EVENT TOTAL</b>	<b>48.40</b>	<b>45.85</b>	<b>46.40</b>	<b>45.75</b>	<b>183.40</b>

**The Men's Meet:** — The average age of the six competition for the USA was two years older than the average age of the World Championships Team — 23 to 21. Also, five of the six men were not now competing in the collegiate program. The University of Nebraska's Phil Cahoy being the only competitive NCAA gymnast. California's Roy Paluszak and Mitch Gaynor were not in school to compete and Tom Beach, Murlo McCracken and Wally Miller have all graduated. What this points to is an increasing amount of depth for the USA Men's National Team, and perhaps the beginning of more "post-graduates" gymnasts being able to train and compete. Hanning, Cooney, Vidmar and Duggan were not competing here in Atlantic City, and Scott Johnson was forced to withdraw minutes prior to his first event due to back spasms. The Hungarians sent its top two gymnasts — Gyorgy Guczoghy, World Championships peasant horse horse medalist and 12th AA, and 24 year old veteran Ferenc Dozsa, 18th AA in the finals in Moscow. They were joined by three top junior gymnasts Lajos Kovacs, Jozsef

*"1976 Olympian Tom Beach came off the bench as a last minute substitute for Scott Johnson and his performance counted in four events — FX, PH, R, HB."*

Kaluk and Istvan Vancz. Zoltan Kelenben was a member of the 1960 Hungarian Olympic Team, which won the bronze medal. This was perhaps the potential Hungarian team for the '83 World Championships.





than it should have been. The meet came down to the last couple of performances on high bar, which was exciting for the crowd and ABC-TV, but the meet should have been over after parallel bars. The Hungarians seemed surprised at the competitive depth of the USA Team. 1976 Olympian Tom Beach came off the bench as a last minute substitute for Scott Johnson and his performance counted in four events — FX, PB, R and HB.

*"Also, five of the six men were not now competing in the collegiate program."*

In the all-around, Mitch Gaylord averaged almost 9.70, winning HB with a 9.90 to finish first over Gacsoghly in second and Donald to third. Gaylord also won FX, R and HB and placed second in PB. Phil Cahoy was second for the USA and Roy Palassau was third on the USA Team in the all-around.

Five named USA-FX routines allowed the Hungarians to win the first event. In parallel bars, five solid sets were file with Palassau and Gaylord each showing multiple one-pointed work and Phil Cahoy hitting his original front work combination to score a 9.65. The Hungarians were led by Gacsoghly who earned a 9.80 for his PB routine. On rings the youth of the Hungarian gymnasts could not match the strength, swing, dismounts and experience of the USA men. In vaulting, Hungary won, with two excellent vaults by Lajos Vassay, tucked brain-out, and Gacsoghly, open pike. Toku harakiri.

*"In parallel bars, Phil Cahoy and Mitch Gaylord led the USA with a 9.75 and 9.60 . . ."*

After four events the team score showed a spread of 15 — USA 189.45, Hungary 189.25. In parallel bars Phil Cahoy and Mitch Gaylord led the USA with a 9.75 and 9.60 respectively. However, Hungary raised two routines, and had to count a 9.10 for their fifth score, while the USA Team's low score-counting was a 9.35. This gave the USA Team a 35 lead going into the final event. Again, five solid USA sets, topped off with Gaylord's fine routine and stock triple back dismount allowed the team to win the event by 35 and increase their margin of victory to 40 total.

USA-Hungary Atlantic City, New Jersey March 13, 1982							
	FX	PB	R	V	PR	HB	AA Total
<b>Men</b>							
<b>USA —</b>							
Mitch Gaylord	9.65	9.65	9.70	8.65	9.60	9.90	58.15
Phil Cahoy	9.65	9.65	9.08	8.50	9.75	9.75	58.95
Roy Palassau	9.60	9.45	9.65	8.65	9.35	9.45	58.90
Mario							
McCuschan	8.95	9.10	9.00	8.65	9.40	9.75	58.50
Wallace Miller	8.40	9.10	9.48	8.40	9.35	8.40	58.10
Tom Beach	9.20	9.35	9.20	9.42	9.10	8.55	58.80
<b>EVENT TOTAL</b>	47.80	47.20	47.20	47.70	47.45	48.35	386.20
<b>Hungary —</b>							
Gacsoghly	8.65	9.80	8.60	8.75	9.65	9.75	58.10
Panacc Denith	8.45	9.80	8.65	8.85	9.60	9.55	57.40
Lajos Vassay	8.65	8.85	8.66	8.70	9.60	9.85	58.25
Zoltan Kremenc	8.25	9.80	9.00	8.10	9.30	9.80	56.75
Lajos Kovacs	9.45	9.10	9.00	8.50	9.10	9.60	56.00
Jozsef Kakuk	8.35	9.85	9.10	8.30	9.60	8.75	55.35
<b>EVENT TOTAL</b>	47.35	47.05	47.05	47.80	47.25	48.30	384.60

USA-Hungary all-around champion Mitch Gaylord scored a 9.80 on HB to finish 13 ahead of Hungary's Gacsoghly (Gacsoghly who had placed 12th AA at the recent World Championships).

In actuality, the scores from this meet do not reflect the true outcome of the competition or the scope of the gymnastics between these two teams. The USA men dominated the meet during Friday's training session and in throughout the meet. Overall, the USA men demonstrated better team depth and better gymnastics abilities and potential. The American showed greater dynamics of performance, amplitude and their skill level was higher. However, an inconsistency in floor helped to get the Hungarians into the lead early on. The Hungarian men won floor exercise 47.35 to 47.30.

In total, the USA men raised 10 routines, four in FX alone. The Hungarians only won two events — floor and vaulting, the veteran judges from Hungary were stumped at keeping the race even closer.



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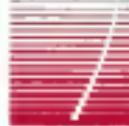
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# Beating the Soviets in Florida was Gator-riffic

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## USA

was electricity and victory. The USA men won, and even the 10 USA women's loss to the Soviets could be considered a victory.

The top Russian men and women National Team members, except 1981 World All-Around Champion Olga Bichanova, were not competing — then again neither was Amy Koepnick, Jeni Hartung or Diane Conner. But what both Soviet teams do bring with them is a strong tradition of winning and of excellent gymnastics programs capable of producing great gymnasts and athletes over and over again. The Russian women have lost only two Olympic or World Team Championships in three decades, and their men, along with the Japanese, have dominated world competition for just as long. The Soviets are well trained athletes, solid competitors, excellent gymnasts and tough politicians.

The electricity comes from the closeness of the two meets. To be competitive, even in the case of a loss — as was the case in the

**"The Soviets are well-trained athletes, solid competitors, excellent gymnasts and tough politicians."**

women's meet — signals an increase in depth and competitiveness throughout both National programs. To take on the strong Russians and win one and know you could have won the other ... this produces electricity.

**The Men's Meet:** — At 6:00 PM on Saturday night, April 17 in the O'Connell Center on the University of Florida campus, the USA men were the underdogs. An upset was not necessarily foreseen, but six hours later at midnight after a USA 291.95 to 291.05 victory — the "champagne" was flowing. Going into overtime but the U.S. men held a 20 lead, the Soviet bid was PB and cut the USA lead and looked to be making their move. Then Johnson, Cade, McCutchen, Diggett and Gaylord skinned the deer — 49.25 PB.

The Soviets sent a young, strong but moderately experienced team. Their average age was 18.5 compared to the USA's 21. The team included two junior champions — 1980 National Champion, 17 year old Sergey Grishkov and 1979 Junior Champion Edward Gevorkyan; 16-year old Dsmitry Belanovitch was a top high school gymnast. These greats could have been the best of their juniors. The team also included 29 year-old Sergey Khaninakov — third AA in the '79 World University Games and 1981 USSR Championships Ring Champion. The juniors were all 5'7" and 155 lbs, and most had competed internationally but not extensively.

The format of the competition was a modified block, where three gymnasts from one team compete followed by the other team's first three — 3 minute warm up — then the last three on each team compete. The USA would begin on FX and finish on HB. And the last of the specifics — the judges — superior Rubin Bonsuwan (TEL), Ted Manyczko and George Beckstrand (USA), and Nikolay Andrianov and Valery Kondratenko (USSR).

On floor exercise both teams were evenly matched — strong tumbling ... six full in meets, five layout or pike double-backs

The Soviet Union's Sergey Grishkov, a 17 year-old junior gymnast from Moscow, performing a creative hecaton. Grishkov was second to the USA's Mitch Gaylord in the all-around.







and 10 double-back dismounts. Mitch Gaylord mounted with 1½ twisting, 1-5½ and dismounted with full-in and might have won the event, but he needed one hand to gain balance on the dismount, for say, 3 off 500 he scored 9.60. Khmatalov's reputation as a top floor-man helped him win at 9.65. Floor would be the only event any Soviet would win. Six solid USA sets won the event by .35, but Iulianis' Artemov and Gribkov had both missed their dismounts. The young Russians were talented, but could they be consistent?

If the Soviets had a weak event it was pommel horse. Here again, they missed another couple of routines. Both Khmatalov and Gribkov are built stocky and are leaned on PH. Five of the six men showed fair work and handstands. Belovorchev mounted with raised Magyar stand up and back down, and most showed excellent leg flexibility in their schizo and fair work. They scored 9.85 to the USA's 9.83. The US men were winning after two events by .65, and it could have been even more — both Duggett and Colby missed PH — the team could have gained another .35. McCaughan, Vidmar, Johnson and Gaylord all hit floor sets, with Scott Johnson getting the event off strongly scoring a 9.70 as the first man up.

The Russians won only two events, rings and parallel bars, but a strong USA set 55 on rings allowed the USA team to only gain back .35, scoring 48.65. Gaylord led the US men with a 9.80 routine that dismounted triple-back and all six Americans hit. The Soviets were strong, swing big and had rough dismounts — double twisting double, layout double, piked full-in and three full-in. Their strength included three inverted crosses, and they too hit all six routines — after three events, USA 142.35, USSR 131.95.

Vaulting was the closest event which was reflected in the scoring — USA 48.70, USSR 46.65. Tim Duggett hit a bounding vault with better height and distance than anyone that night, plus hand-spring front — 9.60, to win the event. The Soviets used three piked Thukkeri hits, one piked hand-spring front, one layout Thukkeri and a tucked bend out. All six vaults for each team were hit. Now, after four events the USA men held a slim .40 lead.

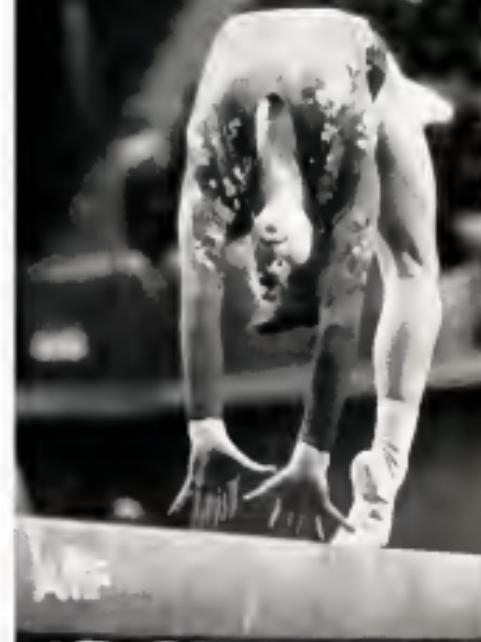
On parallel bars, it was an emotional up and down event for the USA. McCaughan and Gaylord started off the event with two solid routines, but then Scott Johnson had trouble with his front 1½ catch to Kato-hop combination and Tim Duggett had ankle control breaks throughout his set. Each man finished strongly, but one of their 9.40 or 9.45 scores would count. In the established block style of competition, the first three Russians on PB hit to establish some rough momentum — 9.70, 9.75, 9.80. But Phil Colby and Peter Vidmar nailed two sets easily while their team needed to hit the most — 9.85 and 9.90. The USA lost the event, but only by .20. 48.80 to 48.60, to keep their lead going into the final event at 20.

Pole vaulters used agent or giant cue-support on PB, two used Dismounts 1½ and the three jumpers each used a pencil and an excellent back score. All six dismounted with doublebacks and one man was flies on the end, and all routines were hit with good form and showed aggressive, controlled swing parts.

On horizontal bar, the six Soviet routines were just as aggressive — showing one-arm giant work in under and over grip and in combinations, many used a Higgen's change late inverts, while two dismounted triple back (Khmatalov and Gribkov), one double twisting double-back (Govorkyan) and Gribkov using back double-back from a one-arm grip. In Friday's training session, Gribkov performed two reverse hechts in a row, but did not use this combination in the meet. Needless to say, the Soviet's high bar peaked a lot of punch. However, their consistency couldn't match the difficulty as both Khmatalov and Govorkyan missed — Khmatalov over-inverted his triple and Govorkyan fell on a reverse hecht immediate flyaway V-twist (Geinger) combination.

Johnson, Colby, McCaughan and Duggett took the advantage right away — scoring 9.80, 9.90, 9.80 and 9.85. The USA's Duggett did not allow the Soviets any edge in difficulty, using a toe-on hemispherical reverse hecht to immediate flyaway V-twist combination.

Sergey Gribkov completes his reverse hecht. In the morning day preceding the USA-USSR meet, Gribkov demonstrated how this technique enables him to complete two reverse hechts in a row.



The USA's Michelle Michalek using a back walkover from a vault. Michalek was third AA at the USA-USSR meet, having won the described in her best competition ever.

tion. These four scores solidified a USA win and only Vidmar or Gaylord now needed to hit if both missed, the score could have ended in a tie or within a tenth or two — the judges would then have to fight out the tenth in deductions.

Vidmar missed, he fell on straddle front catch from inverted — score 9.35 USA vs Hungary — Mitch Gaylord's HB — 9.90 USA vs China — Mitch Gaylord's HB — 9.90 USA vs USSR — Mitch, 9.90 Geinger, 9.80 — Gaylord flip, hit — triple-back dismount, hit — USA 149.25, USSR HB 48.65 — USA 291.05, USSR 291.05 Victory ... and a little electricity!

In the all-around, Mitch Gaylord won with a 58.45. Peter Vidmar led the race all evening until HB 110.50 deduction for a fall, would have given him the all-around title scoring 58.80. However, take nothing away from Mitch Gaylord. Gaylord merely underlined what folks have said all this past winter, that Mitch Gaylord was going to start challenging every American in every meet for the top spot.

Soviet Sergey Gribkov and Dostaly Belovorchev finished second and third to Gaylord at 58.40 and 58.35. They were terrific, and appear to be promising international gymnasts. They were power, strong and flexible with excellent technique and form. The hardest task which lay ahead for them, in order to make top-10 on their national team, will be to compete against theough and the seemingly extraordinary deep competition from their own country.

**The Women's Competition:** — By tradition, the Russian women are always very good. This delegation of small, young gymnasts appeared to be no exception. They included the current World AA Champion, Olga Kibelova, as well as, Alla Mseina — 71



Valentina Melnikova, USSR  
USA nr. 1388  
All Around Champion



Mitch Gaylord, USA  
USA nr. 1088  
All Around Champion



European Championships bronze medalist in AA, FX and BB, Tatyana Kim — '80 Soviet Youth Champion, and the '80 and '81 Junior Champion — Svetlana Mazzacomo and Valentina Shkoda. Lastly, Olga Mostepanova has competed internationally before. These girls were all 4'6" and 65 pounds plus leotard and leotard, and four were listed at age 14 with Shkoda 15 and Mantsik 16.

However, the Soviets do dominate at the major international competitions — the Olympics and World Championships. These meets always include the Soviet's forte — compulsorys. The '81 Moscow World Championships typifies this exactly as all six USSR gymnasts placed 1-6 AA in the compulsory competition. Bichereva became World Champion based on her compulsorys, consistency and one top optional event, vaulting. In the optional only unofficial team standings of the '81 Europeans, the German Democratic Republic led by Manz Gomrich beat the Soviets. The Soviets are the world's best trained gymnasts in dance, flexibility, execution, consistency and performance. They have the world's best basics and developmental training, and because of this they win with their compulsorys first — then everyone chases them in options. Again, this group was no exception. In the training sessions they were impressive. It wasn't what they did, but how they did it.

But in a dual meet — they can be had in an optional-only meet.

The USA Women's Team was a strong one — Johnson, McNamara, Stolone, Talavera, Goodwin and Roethlisberger. Not as the strongest team which could have competed. Amy Koopersmith was in Europe competing in Corvinus, GDR. At the USA/Hungary dual meet in March, Amy had won the all-around, and in Moscow last fall her optional score was tied for tenth overall. If she had competed, the USA would probably have won.

"It" becomes a big word, though, in a 10 loss. One needs is one extra step in vaulting, one knee bend in a double-fall, or a hesitation on beam. "It" Gina Stolone would have lost her front-on beam round. "It" Julianne McNamara had not over rotated her tucked double back beam dismount. "It" Tracee Talavera had been able to land herpike double back floor mount.

In vaulting, the USSR took a 9.60 lead, 48.45 to 48.05. Last November, at the World Championships, the USA Team had only scored a 48.85. It was their lowest scoring event. 48.05 was still their lowest of the day, but showed nearly a point and a half, 1.40, improvement. To help, Gina Stolone replaced her fall-on, fall-off with a tucked double back floor mount.

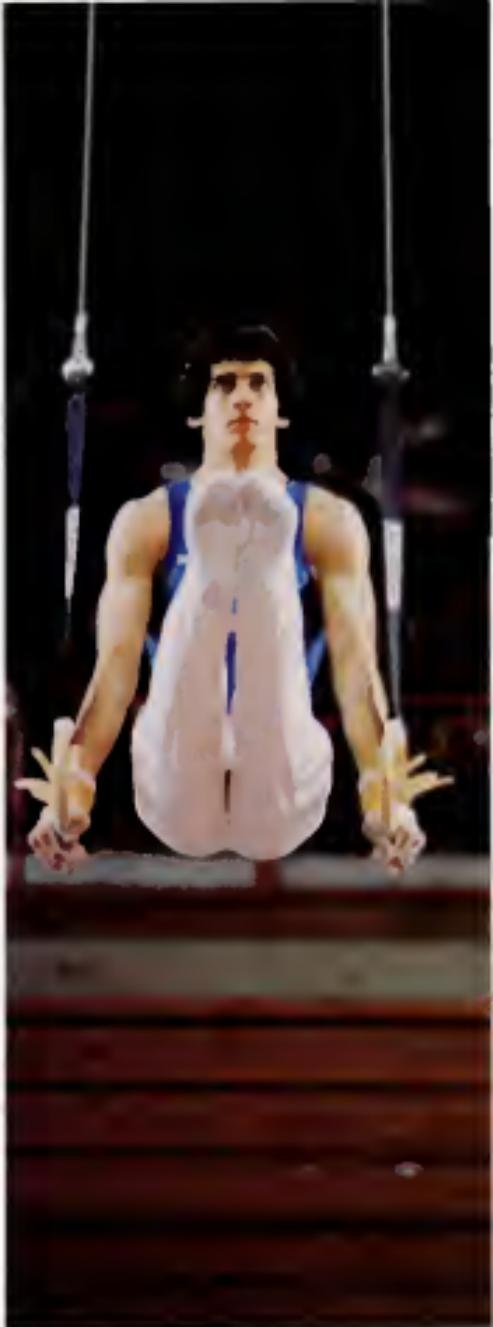
The Americans were unprepared, but the Soviets were stronger still. Valentina Shkoda took the AA lead right away with a 9.80 layout/fall twisting. Bichereva's explosive Dervish had a couple of deductions in the landing but still scored 9.75, and Mostepanova did a solid tucked Tukulsian-fall for 9.75 also.

On uneven bars at the American cup, both Raisman Alibek Shabrova and Tatyana Frelova, missed and neither chose to compete bars at the following International Mixed-Pairs competition. If vaulting troubles the Americans, uneven bars is at times said to be the Russian's "weak" event. They hold their own in compulsories, but the world's best are Gaucho, Ma, McNamara and Chen.

And Julianne demonstrated exactly why she is among the world's finest on bars — 9.90. All six USA women bar, including Gina Stolone — who determinedly finished her routine, ignoring her broken hand-guard, which tore apart halfway through her set. Michelle Goodwin added her new bars routine for 9.95. Team score — 49.05, Tracee Talavera and Mary Roethlisberger each scored 9.80 for their bar routines — for a one two-four-five event finish.

Only Mostepanova broke into the top group, finishing tied for second with Michelle at 9.85. Mostepanova used two release moves — reverse hecht and a high Dervish from giant. Shkoda and Mantsik were next, at 9.75. Shkoda used a fast straddle front switch on the low bar and in between the bars, as well as scissors, giants and a tucked double-back dismount. Mantsik also used two release moves, reverse hecht and big change into undergrasp straddle to straddle from regroup the top bar.

After 16 year-old Dasha Bichereva from Moscow, performing a back and on parallel bars. Bichereva was third AA. Paul Gaucho (right) helped lead the USA to victory over the Soviets with a 9.85 PB and a 9.20 MB in the last two crucial events.





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"Weak?" Inconsistency maybe. Kim and Bichanova each had consistency problems and Marusenko missed, scoring 8.55 USSR event score 48.45. The USA had won the event by .60, and were leading now after two events by .20 — 97.10 to 96.90.

On beam, the Soviets announced immediately that the only way the USA was going to gain ground was if the Russians missed. Tatjana Kim's 9.75 was the USSR's first score. The Russians couldn't dance in the first two events, winking and bums. Now, the meet was down to beam and floor . . . and to dance, tumbling and consistency.

All six Russians dismounted tucked double back — floor from round off and two front flip-flop combinations. All showed excellent body position and dramatic execution. Each girl had superb leg flexibility, and all six utilized that flexibility to enhance the one similar pass they all performed — three immediate dance jumps in succession. They were strong, deep and consistent. Mostepanova had thoroughly missed her routine, falling off on a gather step-out. Her 9.40, without the fall, would have easily won the event. She demonstrated an unique back tumbling combination, which was aided by good leg and lower back flexibility — two flip-flops in a row, half-twisting the second flip-flop very early (before hands touched) to finish in a front handpring step-out.

For the USA, Kathy Johnson had a super set — using as a new combination two back straddle extension rolls to immediate flip-flop step-out, and dismounting with stuck double full — 9.75. Tatjana Taklova hit a great beam set to score 9.85 and lead the team to a strong 48.20 USA score after Gina and Julianne had missed. Those two misses cost, however, and the teams went into the final event only .50 apart. The Soviets recognized the lead, 48.60 to 48.50.

At the beginning of floor, it looked as if the Russians would simply cruise to the victory — Kim 9.75, Shikoda 9.85 and Marusenko 9.65. All three mounted pike double-back and each danced well. For the USA, Roehlberger had missed her triple full mount, but then Kathy Johnson and Gina Stolzko came right back at the

Bassons — scoring 9.90 and 9.85.

Then in the last six routines of the meet, only one gymnast could hit a routine. The meet was close, and both teams lost consistency. Only Michelle Goodwin hit. Marik Mostepanova, Bichanova, Tatlova and Emily McNamara all missed tumbling parts.

Marik was fast to miss, over-rotating two whip-backs to rock double back, 9.20. Then Tatlova had trouble with her pike double back mount, 9.25. Mostepanova was short on full-in, 9.40. Goodwin, 9.85. Bichanova was also very short on her full-in, 9.25. And finally — McNamara needed to hit, the USA would tie if she scored 9.55 and would win with a 9.60 or higher. But Julianne too, was short on her second pass, front through to double-back. Her 9.45 was .15 shy of a double USA victory. Final score — USA, 95.60, USSR, 95.70.

But no one will remember about the loss. USA Coach Don Peters said he wasn't necessarily pleased with the loss, but that he was certainly pleased with the progress the USA Team was making. World Championships Team members Goodwin, McNamara, Tatlova and Stolzko were all experimenting with routine changes and difficulty additions. Michelle Goodwin had the best meet of her life and Kathy Johnson was superb. And those misses — Roehlberger, McNamara, Tatlova and Stolzko all knew they were capable of having better meets. They could have beaten the Russians that day. They knew it, as did their coaches. The Russians knew it, too. It had been a close meet all day, each team winning two events — USA, 48.60; USSR, 48.50. There were many missed rotations by each team (USA 5, USSR 4), but that invincibly-seemingly invincible tradition of the Russians was now just a little less invincible.

Ab, nothing beats a dual meet. Indeed.

Mississippi Music Association helped the USA Women's Team to a .30 lead after two events with a .980 average bar performance which included a reverse hecht, plants and a stuck double back dismount.





USA-Soviet Union  
O'Connell Center - Univ. Florida  
Gainesville, Florida  
April 17, 1982

Name	FX	PH	R	V	FB	HB	Total
USA, —							
Michelle Gaylord	9.60	9.65	9.60	9.75	9.75	9.90	58.45
Mario McDowell	9.65	9.80	9.85	9.75	9.85	9.80	58.30
Peter Vichner	9.65	9.80	9.75	9.85	9.80	9.85	58.30
Scott Johnson	9.75	9.70	9.70	9.75	9.45	9.80	58.10
Tim Dugard	9.45	9.40	9.65	9.00	9.45	9.85	57.80
Pell Canoy	9.55	9.15	9.45	9.65	9.85	9.80	57.85
EVENT TOTAL	48.40	48.35	48.55	48.70	48.60	49.25	291.65
Soviet Union —							
Sergey Grishkov	9.55	9.70	9.85	9.75	9.70	9.85	58.40
Dmitry Belozerov	9.60	9.60	9.75	9.80	9.80	9.85	58.35
Vladimir Artyomov	9.40	9.70	9.75	9.80	9.80	9.70	58.00
Pedrik Gulyazov	9.50	9.60	9.85	9.85	9.75	9.85	57.90
Eduard Geyorkyan	9.55	9.50	9.75	9.75	9.70	9.85	57.80
Sergey Khanzhikov	9.65	9.10	9.75	9.75	9.75	9.40	57.65
EVENT TOTAL	48.05	48.05	48.85	48.85	48.80	48.65	291.05





USA/Soviet Union  
O'Connell Center - Univ. Florida  
Gainesville, Florida  
April 16, 1982

Women	V	UB	BB	FX	Total
<b>USA —</b>					
Kathy Johnson	9.60	9.70	9.75	9.90	38.95
Michelle Goodwin	9.45	9.65	9.75	9.85	38.85
Trenee Teivare	9.70	9.80	9.85	9.95	38.90
Jalene McNamee	9.65	9.80	9.45	9.45	38.40
Maria Roethlisberger	9.50	9.60	9.55	9.10	37.90
Ginie Stalons	9.60	9.65	9.75	9.85	38.75
<b>EVENT TOTAL</b>	<b>48.05</b>	<b>48.05</b>	<b>48.20</b>	<b>48.00</b>	<b>193.30</b>
<b>Soviet Union —</b>					
Valentina Shkoda	9.60	9.75	9.65	9.85	38.95
Tatyana Kim	9.45	9.60	9.75	9.75	38.40
Olga Mostepanova	9.75	9.65	9.45	9.45	38.40
Olya Bicherova	9.75	9.80	9.75	9.25	38.95
Alia Mirek	9.80	9.75	9.65	9.20	38.30
Svetlana Marusenko	9.65	9.65	9.75	9.85	38.95
<b>EVENT TOTAL</b>	<b>48.45</b>	<b>48.45</b>	<b>48.70</b>	<b>48.10</b>	<b>193.70</b>





## *McDonald's Gymnastics Classic*

BOB KLU

# CHN USA

**The Women's Meet**—In the McDonald's Gymnastics Classic held at USA, the U.S. women handily defeated an upstart Chinese team, 192.85 vs. 156.15. A near-capacity crowd was treated to a night of stunning performances by the Americans. Unfortunately, the two teams were not closely matched. The Chinese paled in comparison. The Americans looked confident and full of energy. From the first event, until they always commanded a comfortable lead. Unchallenged, the Americans continued to put forth power packed routines on each event. In only one event, beam, the Chinese managed to surpass the American effort. The competitors from both teams were:

#### **USA Team**

Johnson McNamara  
Tracie Talavera  
Marie Bothethberger  
Mary Lou Retton  
Amy Koopman  
Shari Mann

#### **Chinese Team**

Zhao Jing Jing  
Qian Xiaoping  
Zhang Hong  
Zhu Jiaya  
Ye Hong  
Xu Jingwei

Unlike the American team, the team from China did not feature a star-studded line-up. Rather, their team consisted of junior national team members with limited international experience. For most, their prime probably won't be for another two or three years. Although a junior team with supposed Olympic potential, the average age was high, 15½ vs. 15 for the Americans. In the past, the Chinese have successfully competed older female gymnasts at the world level and could conceivably do the same with this group. They were good technicians, but were severely limited due to their lack of strength and degree of difficulty.

The Americans were led by U.S. national junior champions McNamara and Tracie Talavera. Dominating the meet, these two girls with routines so familiar to the American public did not disappoint. They are continuing to show noticeable improvement some two or three years after having attained national champion status. These two recent World Championships medals show they will have many more years of top level competition ahead of them. In future international competitions, they should give the American women an edge unlike anyone ever seen before.

McNamara and Talavera were sensational as expected. But coming on like gangbusters is 14-year-old Mary Lou Retton. This brilliant West Virginian dynamo carries the competition behind her and shows her remarkable power and unbridled enthusiasm helped place her in concentrated firsts on both X (9.90) and V (9.75). Having just recently come onto the national scene, Mary

Lou Retton's tumbling is already legendary. Retton has the type of pliancy that separates her from the competition and may enable her to emerge as a potential medalist in future world competitions.

The All Around — McNamara was the all around winner with a 36.95. Except for some slight bobbles on BB, the Eugene, Oregon trained gymnast, with the career ambition of becoming a physician, had a night of near perfect routines. Her excellent technique, clean execution and ability to move quickly are just a few of the reasons she remains at the top of USA women's gymnastics. Her winning her routine may have been the most outstanding performance of the night.

**"McNamara and Talavera . . . should give the American women an edge unlike we have ever seen before."**

Close on the heels of McNamara was Oregon teammate Tracey Talavera in second place with 36.80. Her consistency and overall high caliber kept her competitive with McNamara and clearly ahead of the other competition.

Leading the Chinese contingent was their oldest team member, 19-year old Zhao JingJing. Placing third with a 36.50, Zhao was a consistent and steady performer. Unlike her teammates, she wasn't hampered by a lack of strength.

Vault — The Americans came on strong in this first event. They dominated vault by taking the first five places. Their vaulting was good but not spectacular. Mary Lou Retton was the event with an explosive piked double front scoring of 9.75. Shari Mann took second with a full-twist on full twice off handspring. McNamara and Talavera tied for third with a 9.60. Both used tucked hand-out.

This was the weakest event for the Chinese. The first highest score was a 9.30. They had little variety in their vault selection as five of six attempted layout. TaiJiaLun's layout was a near replica of the others with measured repulsion, under rotation and a piking at the hips after attaining a split-second layout position.

Uneven Bars — The Americans were outstanding on bars with five scores at 9.60 or better. A world-class routine was performed by Julianne McNamara. The 9.90 she received did not do her justice relative to the marks given other competitors. The scoring system failed to reflect a great enough difference between her routine and those of the others. McNamara combines a variety of high difficulty moves in rapid succession with fast moving owing. She does not exploit or rely solely on any one area of expertise but rather shows complete development, in addition to excellent technique. Her routine includes a mixed grip stem (immediate to pike), back stabilizers, giants, legs and a free leg piked front with a 1/2 twist dismount.

**"From the first event, vaulting, they (the Americans) always commanded a comfortable lead."**

Marc Koethlisbenger placed second with a 9.80. Her routine uses three spectacular moves: a Thatchev (reverse hecat) vault, a blind change immediate pike/roll and a tucked double flyaway dismount. That girl really swings!

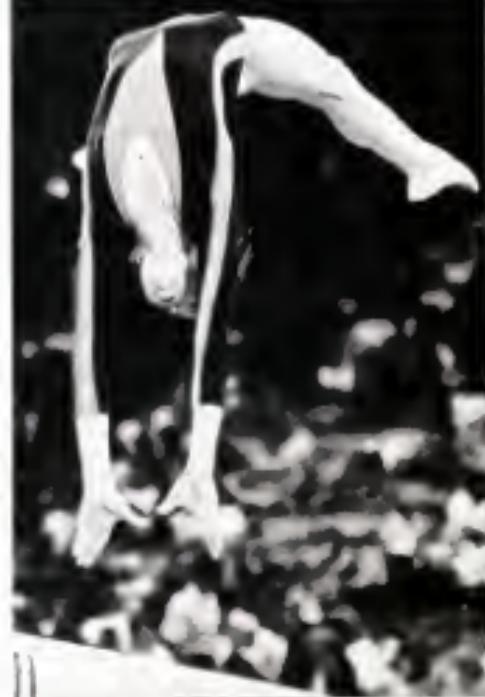
Amy Koogman and Talavera tied for third with 9.70. Koogman's routine included successfully performed tucked front flip-somersault and a Delchev. Talavera executed a nice full twisting Connecticut dismount. A difficult combination which goes by almost unnoticed is her back shoulder hop to the high bar, leg out.

The Chinese did not use a high level of difficulty. None of their tricks were particularly noteworthy. (One girl stood on the high bar and dismounted with a double twisting back.) Although their technique was good, their lack of strength was evident.

Balance Beam — The Chinese proved to be extremely capable on beam with five scores of 9.95 or better. Although not



(Left) All around champion Julianne McNamara and runner up, teammate Tracey Talavera (above). Balance beam was the only event the Chinese were able to win in LA.



exceptionally difficult, their routines showed clean execution, beautiful dance and some originality. Zhu Jieya did a crowways flip flop and neck fall dismount. Fourteen year old Ye Hong had an outstanding routine but received a deduction for overuse. Dismounting with a nice piked double, Ye Hong showed command throughout her entire routine.

World Championships medalist on fls, Talavera thrilled the audience with the top scoring routine of 9.80. She used the move of World Champion Muin Givack, a back handspring from a round-off done on to the rester board. Another original move is, of course, her "Talavera flair." Talavera had a solid performance and demonstrated a wide variety of difficult moves.

Tied for third with Zhao Jing Jing and McNamara at 9.70, Marie Roethlisberger did a straddle straight-straight press to handstand from a pommel.

Floor Exercise. — Winning her second event of the evening, Mary Lou Retton tumbled her way to a 9.90. Mounting layout pike double, Retton goes with dramatic speed and reaches well over head height. Midway through her routine she uses one of the most difficult passes handspring from layout stepout round-off flip flop neck double back. Besides having top handling, she has floor and dance moves to match. She is impressive when she bounces out of her back handspring to forearm into a high straddle split jump. This young lady really packs a punch and is one to watch for in the future.

Amy Koopman and McNamara tied for second at 9.75. Koopman's routine was dramatic and included a pike double back mount. McNamara's clean double-twist is notable for its precise mechanics. Besides having big tricks, the overall impact of her routine was increased because of the tremendous spirit she radiated.

USA All-American Tim Daggett on parallel bars, at home against the Chinese in LA at Pauley Pavilion

Talavera in a tie for fourth with Zhao Jing Jing at 9.70 was equally impressive. Mounting pike double back (with excellent lift), her style is maturing and is very pleasant to watch. Zhao Jing Jing was the only performer to successfully execute a full-twisting double back.

The Americans were delightful to watch on floor. Each performance was full of personality and zest. Their music was usually upbeat and fun. Unlike the Americans, the Chinese looked unassured and used ineffective music making their routines look unimpressive.

**McDonald's Gymnastics Classic**  
**USA/People's Republic of China**  
**Pauley Pavilion - UCLA**  
**March 26-27, 1982**

Woman	V	UB	BB	FX	AA	
					Total	Total
USA —						
Julianna McNamara	9.60	9.80	9.70	9.75	38.95	
Theresa Talavera	9.60	9.70	9.80	9.70	39.80	
Marie Roethlisberger	9.40	9.60	9.70	9.10	38.00	
Mary Lou Retton	9.75	9.80	9.65	9.80	37.80	
Amy Koopman	9.40	9.70	9.50	9.75	37.65	
Shai Merm	9.60	9.35	9.85	9.30	37.28	
<b>EVENT TOTAL</b>	<b>48.00</b>	<b>48.75</b>	<b>47.75</b>	<b>48.40</b>	<b>192.95</b>	
People's Republic of China —						
Zhao Jing Jing	9.25	9.00	9.70	9.70	36.95	
Chen Xiaolu	9.50	9.55	9.65	9.45	37.95	
Zhang Hong	9.20	9.35	9.75	9.55	37.60	
Zhu Jieya	9.25	9.50	9.40	9.65	37.80	
Ye Hong	9.25	9.55	9.85	9.45	37.80	
Xu Jingai	9.00	9.50	9.55	9.35	37.30	
<b>EVENT TOTAL</b>	<b>48.30</b>	<b>47.65</b>	<b>48.20</b>	<b>47.60</b>	<b>190.15</b>	

**The Men's Meet** — In the McDonald's Gymnastics Classic held at UCLA, a narrow victory (290.10 vs. 289.63) by an inexperienced Chinese team over the Americans provided proof of China's being a nation of fantastic team depth. Unlike the American team, this team sent by China did not include any of its competitors from the recent World Championships held in Moscow. Instead, this group provided a glimpse at some of China's fast up-and-coming gymnasts being billed as potential prospects for their 1984 Olympic team.

The Americans included World Championships competitors Peter Vidmar and Tim Daggett. The rest of the team consisted of well-seasoned performers and National Team members, Mario McGinnes, Mitch Gaylord, Willy Miller and almost no longer a newcomer, Roy Paluska.

Both teams were closely matched. The Americans put forth a fine effort, but were unable to overcome a Chinese lead of 1.05 gained on the first event, floor. The Americans won three events (V, FB, BB) but were shy .05 on the remaining events (PH and B) in what could have been an easy win for the Americans. It's unfortunate none of our top National Team members could not have been present. A victory in this type of dual meet competition is especially important for it could have enhanced our reputation internationally.

The competition provided an opportunity to closely examine the Chinese style of gymnastics and to compare it against that of the U.S. Having clearly established themselves as forerunners in the sport on a world level, the Chinese are best characterized by the following traits which largely account for their success: unmatched technical precision, excellent form and a high rate of consistency. Additionally each team member shows a uniformly in style and technique similar to what has traditionally typified the Japanese.

The Chinese demonstrated technical excellence throughout the performances. On every event, from the basic to the most difficult of moves, each Chinese competitor performed in a finely-tuned manner.



Throughout the evening, the Chinese had a near perfect rate of successful routine completion. Their top five scores averaged 9.67. They suffered two major breaks the entire evening, both occurring on FX. Rarely were they unsuccessful at standing up a dismount, vault or flip on floor.

Of particular note is a classic style apparent in the Chinese routine to all their gymnasts. Very similar to that of the Japanese, this effective style results directly from their strong, overall focus on basics. The strong basics create in their gymnasts a similarity in body movement. And it doesn't stop there; it pervades all areas but especially technique where everyone applies the same time-tested mechanics to all skills.

Despite an unusually tough field of all-around competitors, two Chinese managed to surface as particularly outstanding individuals. 17-year-old Lou Yun quickly became the crowd favorite. The reigning Chanci Cup winner on the floor and vault, Lou Yun mounts FX with a layout double, comes back with a piked 1-3-4 side and dismounts full-in back-out. Similar to the well-known Chinese gymnast Li Yueli in body type, style and ability, Lou Yun appears to be following in the footsteps of his predecessor. Lou Yun was the winner of two events, FX and V, scoring 9.90 on both.

Another standout, 18-year-old Huang Woda performed well on all events, showing excellent technique and some spectacular moves. On FH, he mounts glide reverse cut, peach hand, Diamond, giant hand, giant front upside. These moves were all performed on the end, with complete virtuosity. Huang drops out of both the peach and the giant putting himself a good two inches above the bars. Despite having been one of the first three up for his team on each event, he still finished fourth in the all-around with a 58.10 averaging a 9.60 per event.

**"The Chinese were also outstanding in terms of form where they rarely received deductions."**

The All-Around — 21-year-old Xie Tiahu, the oldest member of the Chinese team, won the AA (58.60) and R (9.90). Xie Tiahu is not one of the better technicians on the Chinese team, but what he lacks in technique is compensated with strength. Possibly the most powerful competitor in the meet, he uses his strength and power to his greatest advantage.

Peter Vidone, the most recent in a long list of legendary Southern California gymnasts, placed second on the AA (58.50) and first on both PH (9.80) and FB (9.90). His excellent technique, smooth style, tight form and overall development is superb while his peak still seems to be a few years down the road.

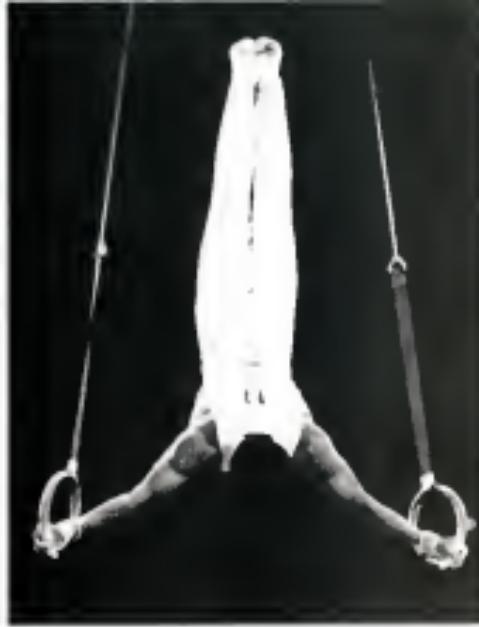
Mark Gaylord placed third in the AA (58.20) and tied two Chinese for first place in BB (9.90). Gaylord is building a world class repertoire of spectacular moves including two triple back dismounts and of course, the "Geplord Flip" on HS.

**floor exercise** — floor proved to be the key event of the competition. It established for the Chinese an early lead of 1.45. They were solid on FX, performed like pros and swept the first four places. Yet, from this point on, the two teams produced nearly identical event scores.

Scoring 9.90, Lou Yun won the event winner with high, powerful tumbling. His only deduction came on his full-in back-out dismount where he took a small step forward.

Roy Patterson showed good amplitude on his three double back and proficient twisting mechanics on his pass using a back 1/2 twist without and back double inverses.

The Chinese dominance of this event showed why they have quickly emerged as the world power in gymnastics today. Their strong basics are apparent in their front and back handstands, rock solid handstands, presses and scales. Efficient techniques enable them to perform double back variations with seeming ease. In addition to the back doubles used by each star member, we saw them perform four double layouts, three full twisting doubles and a clean triple twist by Huang Woda.



(Above) USA/People's Republic of China's all-around champion Xie Tiahu. (Below) Giant to handstand on the end of the parallel bars.



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**USA Gymnastics**  
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Photo © King Design 1979

The Chinese did not use any advanced front sailing except for a few punch fronts and punch fronts 1 1/2. Although they performed beautiful preses, there were no attempts at taking their strength difficulty beyond a basic press.

Unlike the Americans, the Chinese did not use combination sailing passes. This current trend appears to be one which they are not embracing. They go for the big moves and get paid for it. They didn't swing along rails in their sailing or in their transitions. Their transitions were concise and flawlessly performed.

Powered House — In an event where few showed clear execution throughout, Vidmar was exceptional, winning the event with a 9.80. Vidmar uses effective techniques, tight form and maintains good speed. His routine was the only one to break into schools from a handstand.

Breaking circular and pendular swing by going through handstands is gaining rapid popularity. Besides Vidmar, Tim Dugger, Gaylord and Fu Lanzing used this technique on their dismounts. Fu Lanzing added a slight variation by coming to a handstand on the pommel then pivoting off the end into a Weinst diamond.

Lou Yun did a commendable job despite a body type better suited to floor and vault. His 9.70 put him in a direct way to the third. Also tied in third place was Kuang Xianyu who had one of the most impressive combinations: back mazy travel down, immediate back mazy travel up, immediate mazy crutchy performed in flairs.

### *"Xie Tiefu, showing amazing strength, won rings with a 9.90."*

The Chinese are good swingers as they work compactly extended and maintain good speed throughout. Their flairs are strong but their scissars are weak.

Neither team was particularly sharp on this event although no major breaks occurred. Everyone seemed capable of getting them selves out of their trouble spots.

Again — Xie Tiefu, showing amazing strength, won rings with a 9.90. He mounted with a still indecisive, hip to cross, pull-out, straight straight pres, back giant, front giant; front giant pull out to inverted cross, pres out to handstand, back giant, fall in, back out dismount.

Vidmar and Dugger placed second and third respectively with solid acts. Vidmar's consecutive whippets still separate him from the pack with the flowing continuity an encroachment they bring to his routine.

All competitors used some form of double back dismount except Gaylord and Huang Wola. Gaylord dismounts triple back. Huang Wola dismounts back-cut flairs (double from 1/4 out).

The Chinese swing rings with virtuous technique: forwards and backwards. With the exception of Xie Tiefu, their swing is unrelated to strength. Most were lacking in strength anyway as was evident in their poor hollowback preses and frequently was held classes.

Vault — Lou Yun won vault with a piled break out (hand spring, front 1/2-twist) scoring a 9.90. In a virtual layout as he completed the vault, his vault was highlighted by tremendous reposition, straight legs, pointed toes and a solid landing. Lou Yun runs to the front with amazing power.

Everyone on this event proved to be a capable vaulter. All the vaults were aggressive and explosive. Many, besides Lou Yun (McCaughan and Vidmar), had excellent repartees. Xie Tiefu's Gaero had excellent twisting mechanics and commanding post flight. He tied for second with Gaylord's 9.80 full-twisting, back hands.

Again, on this event, we saw many of the Chinese using technique over strength. Except for Lou Yun and Xie Tiefu, they didn't appear to have the strength to back their technique. Flared double fronts were popular among the Americans as they were used by four members of the team. The U.S. Team had a powerful group of vaulters, who were able to use their strength adequately. Nearly all the Chinese showed different vaults with each one including a twist.

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Parallel bars — Vidmar's execution and stuck double-back left little room for deduction, scoring 9.90 like original opening combination was (from side) ½ twist stoop throughrip to "L", ½ turn, "V", press handstand, ½ pikeout in, 1½ Dumasov to one bar, glide-rip shoulder press out.

PB was an exciting event with interesting moves shown. Huang Wulu's opening two giant swings, Toyko's hand-to-head, and Duggett's shoulder press moment. Duggett was heading for first place, but an overextended double back dismount dropped him to third with a 9.80. Another nice move was the Lanning's cast support with a Volpert. Diamantidis from both teams, however, were weak in originality, 11 rock doubles and one Rudi by Palusz.

Again the Chinese were the classic technicians with their static holds, back bands, casts, peaches, straddle cuts, pences and "L's" Beyond these important basics, their other area of strength was in the giant swing. Five Chinese used a giant where only one American (Roy Palusz) did.

Unlike the Americans, the Chinese did no moves on the sides of the bars or showed any hip piroquet. Their composition was, at times, weak. They frequently used front uprise swing handstand or back uprise straddle cut, "L", straddle press to handstand.

High bar — High bar was the highest scoring event where 10 of the 12 competitors received a score of 9.60 or higher.

Kuang Xianyao, Fu Luming and Gaylord finished in a three-way tie for first with scores of 9.90. Gaylord dismounts with a triple back after a fast paced rotation of original inverted casts (inverted including pommel) out of inverted, back salter, back salter, high bar to twist. Gengger.

Chinese winners Xianyao and Luming did during one and a half work, both did pommels on one arm preceded and followed by one-arm giants. Both did their release moves from one-arm. Xianyao's release was a front flip reach and Fu Luming's was a Glengger.

Everyone had fantastic moves. Huang Wulu showed the highest work, Gengger catching at horizontal. Xie did a powerful reverse hecht and triple throw. Vidmar hit his front flip switch from inverted. Wally Miller scoring 9.75, finished with his "Milk Thistle", a double twisting double back, which capped off a night of consistent, solid routines for Miller.

One-arm giants predominated the Chinese routines. Four used them with only one American, Mario McCaughan, showing this skill. The Chinese, although original in their one arms, were unoriginal elsewhere. They frequently used stoop in to inverteds, pommels and blind changes.

*Former Associate Connecticut coach Mario McCaughan (left) and Wally Miller (right) were also USA Team members for all four dual meets in Japan, Atlantic City, Los Angeles and Gaithersburg.*

**McDonald's Gymnastic Classic  
USA/People's Republic of China  
Paulay Pavilion - UCLA  
March 26-27, 1982**

Men	FK	PH	R	V	PB	HB	AA	Total
USA —								
Peter Vidmar	9.40	9.60	9.65	9.75	9.80	9.65	9.80	58.90
Mark Gaylord	9.80	9.85	9.45	9.80	9.80	9.90	9.85	58.95
Tim Duggett	9.40	9.55	9.75	9.50	9.60	9.65	9.75	57.65
Mario McCaughan	9.60	9.60	9.40	9.75	9.40	9.65	9.60	57.90
Roy Palusz	9.10	9.70	9.65	9.70	9.50	9.60	9.75	57.25
Wally Miller	9.60	9.30	9.50	9.85	9.50	9.75	9.65	56.75
EVENT TOTAL	47.05	48.30	46.46	48.50	46.50	48.90	48.65	289.65

People's Republic of China	—							
Xie Tiehu	9.75	9.80	9.90	9.80	9.75	9.80	9.80	58.60
Huang Wulu	9.65	9.60	9.55	9.65	9.65	9.60	9.70	58.70
Liu Yue	9.90	9.70	9.60	9.10	9.65	9.00	9.75	57.75
Fu Luming	9.60	8.75	9.55	9.30	8.80	9.90	9.70	57.70
Kuang Xianyao	9.45	9.70	9.40	9.45	9.35	9.90	9.75	57.25
Chen Jian	9.50	9.30	9.55	9.15	9.65	9.12	9.80	56.80
EVENT TOTAL	48.40	48.35	46.15	48.40	48.30	46.60	49.10	290.10



# LINCOLN, WHERE CORN IS KING

## THE NCAA CHAMPIONSHIPS

*The University of Nebraska Cornhuskers breezed to a record tying fourth straight NCAA Team Championship, but it was UCLA's Peter Vidmar winning the 1982 all-around title.*

Photography by Dave Black



The 40th annual NCAA Championships for men were held April 1-3 at the Bob Devaney Sports Center on the University of Nebraska campus in Lincoln. Ten teams representing 18 other colleges and universities competed for the eight national championships (team, all-around, six events) and All-America honors. Throughout the three days and four sessions of competition a total of 28,086 spectators came to watch. Would the Nebraska Cornhuskers win their fourth consecutive NCAA title? What other man would challenge Nebraska and UCLA in Saturday's team final? Could Nebraska's Jim Hartung defeat UCLA's Peter Vidmar in the all-around to win his third All-around crown in a row, and just one year earlier? Who have won three—Illinoian Joe Galloway (1978-80) and Stanford's Steve Hug (1972-75-78)?

**The All-Around:** — Basically, it was over in an instant. Jim Hartung slightly lost control of the east to upper arm in compulsory parallel bars on Thursday night, and Hartung's passion for his third consecutive All title became a long shot at best. He scored 9.80 (losing perhaps 3 to 4 from his hesitation), and ended the night 50 behind Peter Vidmar—56.15 to 57.65. "Today (the 15 lead) is insurmountable," Jim had said. "I don't think I can catch Vidmar. He's too good and consistent a gymnast to give a big break."

But Vidmar realistically countered, "I definitely need a lead just because Jim's options are few here. I've got my work cut out. We're only half way finished, the same thing could happen to me tomorrow night. We could switch places and it's all over."

Going into these NCAA Championships, Vidmar and Hartung had competed against each other in four top meets since last November. Each had beaten the other twice. In February, Hartung had won the all-around at the UCLA Invitational and at the Nebraska UCLA meet in Lincoln. Vidmar had placed higher than Hartung last November at the World Championships in Moscow, and in March at Madison Square Garden in the McDonald's American Cup.

Even though Hartung was the defending two-time NCAA AA Champion, and the media favorite going into the competition,



(Above) NCAA Champions, Nebraska (L-R) Brian Johnson, Cahoy, Hartung, Elliot and Powers. NCAA AA Champion Peter Vidmar (below). 22 time NCAA All American, Jim Hartung (left).

Hartung considered Vidmar a co-favorite (along with himself and teammate Scott Johnson) for this year's title. Hartung's teammates had never seen him work harder or longer in preparing for this meet. Vidmar too was prepared, as was evident by his concentration in Wednesday's warm-up session. And after the first four events and before each competitor on PB, Jim's prediction was right on the money — Vidmar 36.70 to Hartung 36.65.

After the meet Hartung had said, "I thought I had a really great meet except for the break on parallel bars. Most of my other sets were as good as I've ever done, and that was my best compulsory on PB until then." The judging had kept Vidmar and Hartung very close on each event, except PB. At the end, they had tied on BB and V. Hartung won rings while Vidmar had won FX, PB and BB. And except for Hartung's hesitation on that last upper arm, both gymnasts had demonstrated strong and improved compulsories.

The compulsory improvement was also evident in the other top 10 compulsory finishers. And except for U.C. Berkeley's Billy Paul and Minnesota's Jim Meekler the top 10 was all UCLA and Nebraska.

UCLA's Tim Duggett and Nebraska's Jim Miles looked great. Miles was working with a 9.85 Yamashita-half, and Duggett was consistent — scoring all 9.5's and 9.6's. Both gymnasts have an excellent background in gymnastics basics. Miles and he was not surprised by his career high compulsory performance, "I grew up in the USGF Junior Olympic Program and that stresses a lot of the basics needed for compulsory competition."

Scott Johnson had a solid performance except, as Hartung, for PB Scott let the switch get away from him. He finished the routine strong, but scored only 8.80. UCLA freshman Chris Cao looked good in his last NCAAs, finishing in tenth — right behind brother and teammate Mark.

Compulsories also attack Nebraska's fourth all-arounder, Phil





(Above) PAI junior Phil Cahoy came back from 23rd position to finish 6th overall in the all-around. Sophomore Jim Mikus placed fourth AA and made awards in four events.



The nation's top high school recruit, Chris Roget, from Reading, PA recently decided to attend Nebraska. How many more NCAA titles is it now until there be no Nebraska?

Phil Cahoy began the night on rings with a disastrous 8.25 set. His strength sequence was weak, and he got hung up on that crazy free hip-spread dismount, as everyone in the world has done at one time or another. He recovered and successfully completed the skill, but after the first event he was 23rd of the 25 competitors. Cahoy said, "All my coaches from my Dad (Phil Cahoy, Sr.) to Triston Allen to Jim Howard have always stressed that when you have a major break you just have to put it out of your mind right away and go on." Which he did, and steadily climbed his way back to the top 10 with five solid rotations. After each event he moved up — 23rd place to 13th to 8th to 7th to finish sixth in congratulations at 96.15.

In Friday night's optional competition for the all-around, Peter Vidmar never gave Herting the major break Herting needed. They tied in the options at 58.15, so Vidmar set a new NCAA AA scoring mark of 116.80 in winning his first NCAA AA title. The UCLA junior had previously won the USAJ's Championships of the USA in 1980, but in his first two NCAAs in 1980 and '81 he was overshadowed by the constant duel of Jim Blanton and Oklahoma's now graduated Bart Conner. Blanton put it best, "There's no misting me or Conner being way out front, anymore. Now it's one mistake and you can lose it. It's a good sign for USA gymnastics."

Vidmar almost gave Herting that break in the first event of the night. A low track double back off parallel bars caused Peter to take a number of steps forward before regaining control. He could have been over scored at 9.60. But that was in close as he came to opening the door for Jim. Jim's last five events averaged 9.70. In Vidmar's fourth event, that night, pointed Blanton, he virtually slammed the door with a 9.90 performance — with only rings and walking yet to go, it was over.

Herting also had a super night, never conceding anything, and averaging 9.675 in the six events. He beat Peter on FX, R and PB, scoring a season high 9.70 on PB, the event that may have cost him the AA championship the night before in computations.

Tom Duggan and Jim Mikus remained as consistent in options as they had in compulsories. Duggan was third in the options at 57.40 (114.60 G/D AA) with a 9.70 HB set to insure his bronze medal AA performance. In his first NCAA all-around competition, Mikus was right behind in fourth at 57.30 and 114.05, with six conservative yet technically well performed events. Mikus showed an excellent triple-full in FX, nice owing on PB, R and PD, a powerful gilded broad-out result and smooth HB with a toe-on, cab hop to Jim to insure mount and super execution on a reverse heels. Potentially, Mikus showed he will be a contender in the next two NCAA Championships and will add even more depth to the USA National Team. He beat Nebraska teammates Cahoy and Johnson with consistency, and clarified that Nebraska will be just as deep next year.

Phil Cahoy continued to rebound from compulsory rings and bid at six events, qualifying for Saturday's event finals on PH, PB and HB. He scored 56.95, ending with an AA total of 113.80 and moving up another slot to finish fifth, 15 ahead of Scott Johnson in sixth.

PAC 10-AA Champion, Billy Paul, challenged for the top six all-around ranking, but a miss on PH and an 8.45 kept him in seventh at 111.90. The top 10 remained the same from Thursday's





NCAA All-Around Champions (above) Tim Giggert and Peter Vilmer - UCLA and Jim Morris and Jim Blasie - Nebraska. (Below) 1982 Nixon Award Winner Jim Hartung and Nebraska Head Coach French Allen

### NCAA Championships

April 1-3, 1982

University of Nebraska

#### All Around Results

	FE	PR	B	Y	PS	BB	Total	
Miller	6	180	180	172	180	180	368.10	1
Hawkins	6	180	180	180	180	180	360.10	2
Drapet	6	180	180	175	180	180	357.90	3
Miller	6	180	180	180	180	180	357.40	3
Miller	6	180	180	180	180	180	357.30	4
Ortiz	6	180	180	180	180	180	357.10	5
Allen	6	180	180	180	180	180	357.00	6
Johnson	6	180	180	180	180	180	356.75	7
Miller	6	180	180	180	180	180	356.50	8
Freel	6	180	180	180	180	180	356.50	9
Ortiz	6	180	180	180	180	180	356.30	10
Miller	6	180	180	180	180	180	356.20	11
Ortiz	6	180	180	180	180	180	356.10	12
Miller	6	180	180	180	180	180	356.00	13
Miller	6	180	180	180	180	180	355.90	14
Miller	6	180	180	180	180	180	355.80	15
Miller	6	180	180	180	180	180	355.70	16
Miller	6	180	180	180	180	180	355.60	17
Miller	6	180	180	180	180	180	355.50	18
Miller	6	180	180	180	180	180	355.40	19
Miller	6	180	180	180	180	180	355.30	20
Miller	6	180	180	180	180	180	355.20	21
Miller	6	180	180	180	180	180	355.10	22
Miller	6	180	180	180	180	180	355.00	23
Miller	6	180	180	180	180	180	354.90	24
Miller	6	180	180	180	180	180	354.80	25
Miller	6	180	180	180	180	180	354.70	26
Miller	6	180	180	180	180	180	354.60	27
Miller	6	180	180	180	180	180	354.50	28
Miller	6	180	180	180	180	180	354.40	29
Miller	6	180	180	180	180	180	354.30	30
Miller	6	180	180	180	180	180	354.20	31
Miller	6	180	180	180	180	180	354.10	32
Miller	6	180	180	180	180	180	354.00	33
Miller	6	180	180	180	180	180	353.90	34
Miller	6	180	180	180	180	180	353.80	35
Miller	6	180	180	180	180	180	353.70	36
Miller	6	180	180	180	180	180	353.60	37
Miller	6	180	180	180	180	180	353.50	38
Miller	6	180	180	180	180	180	353.40	39
Miller	6	180	180	180	180	180	353.30	40
Miller	6	180	180	180	180	180	353.20	41
Miller	6	180	180	180	180	180	353.10	42
Miller	6	180	180	180	180	180	353.00	43
Miller	6	180	180	180	180	180	352.90	44
Miller	6	180	180	180	180	180	352.80	45
Miller	6	180	180	180	180	180	352.70	46
Miller	6	180	180	180	180	180	352.60	47
Miller	6	180	180	180	180	180	352.50	48
Miller	6	180	180	180	180	180	352.40	49
Miller	6	180	180	180	180	180	352.30	50
Miller	6	180	180	180	180	180	352.20	51
Miller	6	180	180	180	180	180	352.10	52
Miller	6	180	180	180	180	180	352.00	53
Miller	6	180	180	180	180	180	351.90	54
Miller	6	180	180	180	180	180	351.80	55
Miller	6	180	180	180	180	180	351.70	56
Miller	6	180	180	180	180	180	351.60	57
Miller	6	180	180	180	180	180	351.50	58
Miller	6	180	180	180	180	180	351.40	59
Miller	6	180	180	180	180	180	351.30	60
Miller	6	180	180	180	180	180	351.20	61
Miller	6	180	180	180	180	180	351.10	62
Miller	6	180	180	180	180	180	351.00	63
Miller	6	180	180	180	180	180	350.90	64
Miller	6	180	180	180	180	180	350.80	65
Miller	6	180	180	180	180	180	350.70	66
Miller	6	180	180	180	180	180	350.60	67
Miller	6	180	180	180	180	180	350.50	68
Miller	6	180	180	180	180	180	350.40	69
Miller	6	180	180	180	180	180	350.30	70
Miller	6	180	180	180	180	180	350.20	71
Miller	6	180	180	180	180	180	350.10	72
Miller	6	180	180	180	180	180	350.00	73
Miller	6	180	180	180	180	180	349.90	74
Miller	6	180	180	180	180	180	349.80	75
Miller	6	180	180	180	180	180	349.70	76
Miller	6	180	180	180	180	180	349.60	77
Miller	6	180	180	180	180	180	349.50	78
Miller	6	180	180	180	180	180	349.40	79
Miller	6	180	180	180	180	180	349.30	80
Miller	6	180	180	180	180	180	349.20	81
Miller	6	180	180	180	180	180	349.10	82
Miller	6	180	180	180	180	180	349.00	83
Miller	6	180	180	180	180	180	348.90	84
Miller	6	180	180	180	180	180	348.80	85
Miller	6	180	180	180	180	180	348.70	86
Miller	6	180	180	180	180	180	348.60	87
Miller	6	180	180	180	180	180	348.50	88
Miller	6	180	180	180	180	180	348.40	89
Miller	6	180	180	180	180	180	348.30	90
Miller	6	180	180	180	180	180	348.20	91
Miller	6	180	180	180	180	180	348.10	92
Miller	6	180	180	180	180	180	348.00	93
Miller	6	180	180	180	180	180	347.90	94
Miller	6	180	180	180	180	180	347.80	95
Miller	6	180	180	180	180	180	347.70	96
Miller	6	180	180	180	180	180	347.60	97
Miller	6	180	180	180	180	180	347.50	98
Miller	6	180	180	180	180	180	347.40	99
Miller	6	180	180	180	180	180	347.30	100
Miller	6	180	180	180	180	180	347.20	101
Miller	6	180	180	180	180	180	347.10	102
Miller	6	180	180	180	180	180	347.00	103
Miller	6	180	180	180	180	180	346.90	104
Miller	6	180	180	180	180	180	346.80	105
Miller	6	180	180	180	180	180	346.70	106
Miller	6	180	180	180	180	180	346.60	107
Miller	6	180	180	180	180	180	346.50	108
Miller	6	180	180	180	180	180	346.40	109
Miller	6	180	180	180	180	180	346.30	110
Miller	6	180	180	180	180	180	346.20	111
Miller	6	180	180	180	180	180	346.10	112
Miller	6	180	180	180	180	180	346.00	113
Miller	6	180	180	180	180	180	345.90	114
Miller	6	180	180	180	180	180	345.80	115
Miller	6	180	180	180	180	180	345.70	116
Miller	6	180	180	180	180	180	345.60	117
Miller	6	180	180	180	180	180	345.50	118
Miller	6	180	180	180	180	180	345.40	119
Miller	6	180	180	180	180	180	345.30	120
Miller	6	180	180	180	180	180	345.20	121
Miller	6	180	180	180	180	180	345.10	122
Miller	6	180	180	180	180	180	345.00	123
Miller	6	180	180	180	180	180	344.90	124
Miller	6	180	180	180	180	180	344.80	125
Miller	6	180	180	180	180	180	344.70	126
Miller	6	180	180	180	180	180	344.60	127
Miller	6	180	180	180	180	180	344.50	128
Miller	6	180	180	180	180	180	344.40	129
Miller	6	180	180	180	180	180	344.30	130
Miller	6	180	180	180	180	180	344.20	131
Miller	6	180	180	180	180	180	344.10	132
Miller	6	180	180	180	180	180	344.00	133
Miller	6	180	180	180	180	180	343.90	134
Miller	6	180	180	180	180	180	343.80	135
Miller	6	180	180	180	180	180	343.70	136
Miller	6	180	180	180	180	180	343.60	137
Miller	6	180	180	180	180	180	343.50	138
Miller	6	180	180	180	180	180	343.40	139
Miller	6	180	180	180	180	180	343.30	140
Miller	6	180	180	180	180	180	343.20	141
Miller	6	180	180	180	180	180	343.10	142
Miller	6	180	180	180	180	180	343.00	143
Miller	6	180	180	180	180	180	342.90	144
Miller	6	180	180	180	180	180	342.80	145
Miller	6	180	180	180	180	180	342.70	146
Miller	6	180	180	180	180	180	342.60	147
Miller	6	180	180	180	180	180	342.50	148
Miller	6	180	180	180	180	180	342.40	149
Miller	6	180	180	180	180	180	342.30	150
Miller	6	180	180	180	180	180	342.20	151
Miller	6	180	180	180	180	180	342.10	152
Miller	6	180	180	180	180	180	342.00	153
Miller	6	180	180	180	180	180	341.90	154
Miller	6	180	180	180	180	180	341.80	155
Miller	6	180	180	180	180	180	341.70	156
Miller	6	180						



The one-two Nebraska coaching duo of Joann Allen and Jim Howard (above) has led the Cornhuskers to four consecutive NCAA Championships.

competitors — dominated by UCLA and Nebraska — in eight of the 10 positions. Brian Meeker finished ninth, (55.891 to 95), qualifying for the finals with a 9.70, and UCLA's Mark Caso moved to eighth with a 56.20/111.25 optional round as brother Chris' 55.45/109.90 kept him in tenth. Three gymnasts who finished below ninth scored higher in options (Steve (GU) 55.75/12th, Aron (UNM) 56.05/13th, Cranley (Iowa) 55.85/15th), the compulsories solidified the top 10 AA finishers.

In the end over 6,000 fans gave Peter Vidmar a standing ovation for his winning all-around performance. And for Jim Hartung, "Personally, I'll be seeing Peter a lot of times down the road, but tomorrow (team trials) is my last chance as a member of the Nebraska team. I can't express what that means to me."

**The Team Competition:** — Perhaps UCLA coach Art Shirok put the team into perspective when he told the Omaha World Herald's Steve Sinclair, "They (Nebraska) could probably beat the seventh or eighth best country in the world with this kind of scoring."

Well, the six-man 1981 World Championships team included three Husker gymnasts — Hartung, Johnson and Caloy — the USA Team placed fifth in Moscow and maybe was actually fourth. And Milan and Freitas and all-arounder Mike Brown from Omaha and for the NCAA's a mixture of All-American specialists — that team beat a touring Japanese team last December, and the Japanese undoubtedly rank right at the top in world competition. These are not quotes from the University of Nebraska Sports Information Department — Nebraska is that strong and that deep.

UCLA has a great team and Nebraska blew them away. Only one other collegiate team has won four straight National Championships — the University of Illinois, coached by Harry Price from 1939 to 1942.

As Friday's optional session began for the 10 teams, it was taken for granted that UCLA and Nebraska would qualify for finals. Also, much attention was focused on the Vidmar/Hartung all-around competition, yet another story of the evening would be the competition for the third qualifying team for finals. Four teams battled for the last event — Iowa State, Penn State, Ohio State and Northern Illinois. Arizona State had challenged all evening, after two events they were fourth just 0.5 behind Iowa State, but a 41.10 on PH in their fifth event had left them 6.95 away from third.

Portland State also destroyed three other teams besides PSU — Minnesota, California and Houston Baptist. They averaged only 41.00, while the top six teams averaged 45.45, with Nebraska winning at 47.65. Iowa State was third for most of the meet and held a 2.0 lead over Penn State going into their last rotation — 190 on PH with 190 on BB. PSU coach Ed Gugger would have liked to have been able to just up at least one more specialist, sit Russ Hoffman, because a 44.30 on horse dropped his team from fourth. Penn State's strong 46.90 showing on BB made up more than the 2.0 points they needed to move into third. It was more or less a meet where no one seemed to want third, Penn State had been last after the first two events had been completed.

In Saturday's finals, Nebraska outscored UCLA by 4.65 — 286.45 to 281.80. UCLA also dominated Penn State, finishing second by 5.15 — 281.80 to 276.65. Hartung and company won every event. In Saturday's team finale, their lowest scoring event was a 47.20 on PH, while UCLA's highest besides vaulting, was a 47.20 on rings. If they had combined the two optional sessions for the total team score, Nebraska would have won by 8.60. That's deep.

**The Event Finals:** — Again, the Nebraska gymnasts dominated. Of the 48 qualifiers for finals, Nebraska filled 14 and ended the night with 10 All-Americans. Nebraska senior Steve Elliott won FX and tied for first with Cal's Randy Wickstrom in vaulting. Hartung was R and PH. These victories by Hartung, along with his previous NCAA titles and the record of seven NCAA titles by Joe Giudolino and Joe G, held the record for 42 years winning his last of seven titles in 1949. The newspapers termed this NCAA meet, "The End of the Hartung line," which indeed it was.

Peter Vidmar won two events — PH, tying with University of New Mexico's Steve Jennings, and BB. He was the only gymnast to qualify for all six final events, and became an All-American in five of the six — PH, R, V, PB and BB.

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**NCAA  
Championships  
April 3, 1982  
Lincoln, Nebraska**



1 Nebraska  
2 USA  
3 Penn State  
4 Iowa State  
5 Ohio State  
6 Northern Ill  
7 Arizona State  
8 Wisconsin  
9 California  
10 Hebrew Univer

**Optional session**

	PR	PH	R	V	PR	PH	Total
1 Nebraska	47.50	47.15	48.50	47.56	47.45	47.95	299.80
2 USA	46.70	46.15	47.70	46.50	47.10	46.55	291.05
3 Penn State	45.85	44.15	46.26	47.10	45.80	46.55	279.60
4 Iowa State	46.80	44.35	46.50	46.80	46.55	46.15	279.05
5 Ohio State	46.00	45.35	46.45	47.15	44.20	44.70	277.35
6 Northern Ill	46.30	44.05	46.50	46.05	44.70	45.80	277.75
7 Arizona State	46.80	47.10	46.50	46.70	46.85	46.45	277.20
8 Wisconsin	45.20	42.65	44.00	45.20	44.20	45.10	269.30
9 California	45.25	44.35	45.25	47.35	45.45	45.30	269.25
10 Hebrew Univer	44.75	39.15	46.25	46.05	45.10	46.90	269.05

**Team Finale — Optionals**

	PR	PH	R	V	PR	PH	Total
1 Nebraska	46.00	47.90	47.95	46.30	47.30	46.85	361.45
2 UCLA	45.85	47.15	47.25	47.65	47.10	46.85	361.05
3 Penn State	45.80	45.15	45.25	47.35	46.45	46.70	359.15

**Event Finals**

*Final Results*

1 Steve Blodgett	8.050	Nebraska
2 Mark Spaulding	8.000	Arizona State
3 Jim Hertung	8.000	Nebraska
4 Scott Johnson	8.000	Nebraska
5 Tim Kennedy	8.000	Northern Ill
6 Kevin Wiberg	8.000	Northern Ill
7 Rick Adairson	8.000	Iowa State
8 Jim Mikus	8.000	Nebraska
9 Mike Aquino	8.000	Nebraska
10 Peter Voter	8.000	UCLA

*Passions* (Honor

1 Peter Voter	8.05	UCLA
2 Steve Blodgett	8.05	New Mexico
3 John Bellut	8.05	Penn State
4 Mike Blasberg	8.05	Ohio State
5 Jim Crotty	8.05	Nebraska
6 Mike Bryant	8.05	Connecticut
7 Jim Hartung	8.05	Nebraska
8 Tim Laddan	8.05	Penn State

*Sting*

1 Jim Hartung	8.05	Nebraska
2 Alex Bierwirth	8.05	UCLA
3 Peter Voter	8.05	UCLA
4 Tom Stolmest	8.05	Southern Univer
5 John Waski	8.05	Michigan State
6 Pamela Jesperson	8.05	Penn State
7 Bob Radtman	8.05	Michigan
8 Steve Schachtmann	8.05	Arizona State
9 Scott Johnson	8.05	Nebraska
10 Steve Blodgett	8.05	Penn State

8.050	Springfield
8.050	Iowa
8.050	Wisconsin-Madison

*Swing*

1 Randy Wickerham	8.050	California
2 Steve Elliott	8.050	Nebraska
3 Kevin Kline	8.050	Illinois State
4 Peter Walker	8.050	UCLA
5 Terry Bartlett	8.050	Penn State
6 Tim Sauer	8.050	William & Mary
7 Percy Price	8.050	Houston Baptist
8 Greg Simon	8.050	Penn State

*Parallel Bars*

1 Jim Hartung	8.050	Nebraska
2 Peter Voter	8.050	UCLA
3 Tim Dugay	8.050	UCLA
4 Billie Velas	8.050	California
5 Kirby Reel	8.050	UCLA
6 Phil Caley	8.050	Nebraska
7 Roni Johnson	8.050	Nebraska
8 Tim Gelling	8.050	Penn State

*Horizontal Bar*

1 Peter Voter	8.050	UCLA
2 Billy Paul	8.050	U-Cat Berkley
3 Jim Hartung	8.050	Illinois
4 Karl Sosman	8.050	Penn State
5 Steve Marino	8.050	Arizona State
6 Brian Merritt	8.050	Minnesota
7 Jon Dugay	8.050	UCLA
8 Phil Gandy	8.050	Nebraska

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# CONSIDERATIONS FOR EFFECTIVE TRAINING

YOLCHE ROMEDA

**E**stablishing the pattern of effective training is one of the most important factors to be a successful gymnast.

The following is a basic concept of developing an effective daily training session:

The training can be divided into three major parts: pre-training, training, and post-training. If a gymnast does not realize the importance of pre and post training, the chances of becoming a top caliber gymnast could be reduced.

## Pre-Training

The single most important aspect is that a gymnast must be ready to practice physically, mentally and emotionally when he (she) walks into the gymnasium.

Here are things to remember:

1. Diet — Eat the proper foods and the right amount. Neither hunger nor full stomach would help.
2. Sleep — Proper rest is vital.
3. Planning — Knowing exactly what you are going to do.
4. Psyche up — Be able to block out the negative aspects (I.E., having had a bad day, soreness, body aches, etc.)
5. Be on time — Be at the gym with plenty of time before practice starts . . . better early than late.
6. Taking care of injuries — Getting treatment, additional stretching for the injured muscle, etc.

## Training

The gymnast must realize that there are unlimited numbers of skills he has to learn and he has only limited time to do this.

1. Eliminate wasted time — You are there to do and think

*"... a gymnast must be ready to practice physically, mentally and emotionally when he (she) walks into the gymnasium."*

about gymnastics, not talking and thinking about something else.

2. Don't let one thing effect another — One bad event should not be the cause of a chain reaction.
3. No compromise to the schedule — Follow the plan unless something drastic happens.
4. 100% effort every turn — You can't get the true picture of yourself unless you give 100% effort.
5. Be a good listener and observer — Listen and watch other gymnasts, because you can't see yourself.

6. Cooperate with others — Help lifting, carrying mats, etc.

## Post-Training

Reviewing your daily practice is a vital part of gymnastic training as it will help you to know yourself and to eliminate making the same mistakes in the future.

To keep a training diary is essential!

It is also important for the gymnast to take care of injuries, hands, and his personal equipments (hand grips, shoes, etc.)

Apart from these three training sessions, there are a couple of things a gymnast should remember:

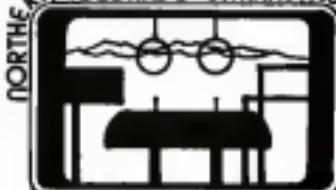
First, to respect and take care of the apparatus. The apparatus to us is just like instruments are to musicians. We see gymnasts hit and kick the apparatus during the practice too many times. We must realize that mistakes are done by gymnasts, not by the equipment. It also makes the gymnast more frustrated.

Second, to be independent. The sport of gymnastics, is a pure form of individual sports. A gymnast must be able to handle his self after all, when he is on the platform getting ready to perform his routine, nobody will help him but himself.



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## LOW BACK PAIN IN GYMNASTS

DOUGLAS W. JACKSON, M.D.

The incidence of low back pain in gymnasts is quite high. Garrick and Regan, in their 1980 study, noted that one third of all gymnastics injuries involved the lumbar spine. One of the more common, and certainly one of the more significant causes of low back pain in gymnasts — particularly the young female gymnast — is traumatic spondylolisthesis. This condition actually is a stress fracture of a particular portion of a vertebra in the lower back. Dr. Doug Jackson is one of the leading authorities on low back pain in athletes in our field of orthopedic surgery. Dr. Jackson will discuss the causes, diagnosis and treatment of this injury in that month's *Sports Medicine*. **Neal C. Arnold, M.D.**

The young gymnast engaged in strenuous training and competition on a year around basis places demands on the low back unparalleled in other sports. In a study group of one hundred young gymnasts, we have documented a four times higher incidence of defects involving a particular portion of the vertebra than the 2.3 per cent reported in the general female Caucasian population. In this condition, there is a defect in the bone of the vertebra between the upper joint process of the vertebra and the lower joint process. This area of the vertebra is known as the *rope interspinous ligament*.

As a result of the increasing number of young people participating in highly competitive athletic programs, more young athletes are presenting with chronic low back pain. While the significance and the severity of this pain may vary, persistent lumbar pain in a young athlete participant should raise the question of an acute sacrum fracture developing in the pars interarticularis, which is the above mentioned portion of the vertebrae between a t's two joint processes.

The gynaecologists with these stress reactions describe their pain as dull aching or cramping pain. The pain is persistent, and is usually not related to one specific injury. The pain is aggravated by certain activities, particularly those that involve hyperextension, such as a back walkover. The pain may involve only one side of the lower back and hyperextension may increase the pain only on that side. The reason is that the spinae processus (defect in the pars intervertebralis) is less flexible on one side of the vertebrae.

Some athletes continue to train and compete despite the lower back pain. We feel that to ignore this pain increases the risk of a slight stress reaction becoming a complete fracture of the pars. Early restriction of activities may allow healing to progress without the defect in the bone becoming complete, or even noticeable on an x-ray of the lower back. Twenty five girls in our study, with persistent low back pain, did not have a stress fracture of the pars lumborum/iliac on their x-ray evaluation. We feel that a number of these girls may have had an impending stress fracture, but because they restricted their workouts to maneuvers that did not cause pain, they did not go on to a complete stress fracture.

The early diagnosis of a developing stress fracture in the pars intertarsalis, may be difficult because the initial x-rays often appear normal. Some x-rays and a bone scan may be necessary to demonstrate a developing defect. If the defect is present on the x-ray, but the bone scan is normal, it can be assumed that the pars defect is six months, a year or more old, and has established a partial union. It may always be present on x-rays of the spine, but should not require any permanent restrictions concerning gravitational movement. Another reason that these diagnostic measures are so important, is that continued strenuous training and competition may cause a slippage at the site of the stress fracture allowing

the upper vertebrae to slip forward on the lower vertebrae. This condition is known as spondylolisthesis. This slipping forward may increase the lower back pain and also may cause a significant decrease in flexibility of the spine. The hamstrings can become quite tight and prevent the gymnast from successfully performing *extreme maneuvers*.

"Garrison and Requa, in their 1980 study, noted that one-third of all gymnastics injuries involved lumbar spine."

The treatment of these vertebral stress fractures (spondylolysis) involves restriction of hyperextension activities, lumbar stretching exercises, abdominal strengthening exercises and usually bracing. The braces provide flexion to the lumbar spine and avoid hyperextension. If the spondylolysis is a stress fracture, and not a long standing defect, it should go on to a bony healing. We have had no subsequent recurrence of the defect once it has healed. If forward slippage occurs (spondylolisthesis), and segmental instability is the cause of chronic lower back pain, a one level laminectomy may be necessary.

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**1982**  
**INTERNATIONAL**  
**MIXED-PAIRS**

Photography by Dave Black

**Jacksonville** — For the second year in a row the International Mixed Pairs competition was hosted by the city of Jacksonville and the Charter Company. This fourth annual meet had 46 gymnasts entered from 15 countries, including the Soviet Union, Japan, the Peoples Republic of China, the German Democratic Republic, England, Canada, Hungary and Bulgaria. The defending champion Chinese pair — Qun Huang and Li Yuefei — winning last year's competition over the USA's Kathy Johnson and Jim Harring — were not present to defend their title.

The gymnasts competing had traveled to Florida from New York City, where over the previous weekend they had participated in the seventh McDonald's American Cup. Cup Champion Bart Conner and Julianne McNamara and women's co-champions Zoya Granchakovska (BUL) were in Jacksonville to compete for individual honors as well as to represent their country in challenging for the prestigious Charter Star — an eight pointed lead crystal star of tapered prisms made by Steuben Glass.

The International Mixed Pairs is a unique event. A one-of-a-kind, original gymnastics competition designed to be creative, fun and competitive. The format for Mixed Pairs teams together one male and one female gymnast on a three tier elimination meet. In all 19 teams pairs entered the first round of optional competition, with each gymnast choosing one event to perform on. Each gymnast's performance is judged, and their scores are added for a composite team score for each pair. The top 12 pairs qualify for an elimination second round, of which the top 6 pairs advance to the final. In each round the gymnasts must choose a different event, and the final score for each pair is cumulative through the three rounds.

**"Julianne McNamara and Bart Conner became the second American pair to win the competition . . ."**

In last year's competition, an average team score of 16.90 qualified for the final round, this year the first two teams to compete — Bulgarians Granchakovska and Bataeva and Russians Shishova and Tomilovich — started out scoring with a 19.20 and 19.00 respectively. They were followed by Glass, Johnson and Jim Harring both on floor exercise — score 19.30. And then the Chinese pair of Tang and Zou also on FX — score 19.40. Zou measured floor with a "reco into," a piked fall-in, and tumbled just as high throughout his routine. Mixed Pairs is an ideal competition for a gymnast of Zou's abilities — he has four high powered events, FX, BB, V and HB — and two events not yet at the standards he has achieved in the others. These event choices each gymnast inflict with and the added variable of how well your teammate also performs helps to make this competition unique and definitely competitive.

Peter Vidmar chose rings as his first event and scored 9.70 but teammate Tracey Toliver had trouble on floor. She over rotated a piked double back mount and went out of bounds — score 9.10. They didn't qualify for round two. Other top paired teams who ended the night early were Ohara and Goto (JPN) and Zelenkova and Gulyogly (HUN).

In the second round, Julianne McNamara's 9.90 uneven bars routine helped move her and teammate Bart Conner into the final for second place. Gina Soltikoff's fine beam routine also helped to place her and Jim Harring in the last round. Others to make it to finals were Tang and Zou (CHN) leading by .20, Shishova and Pogorely (URS) were 8th and Bulgarians Granchakovska and Sotnikova were fourth.

Six paired teams to the second round were eliminated by the six strong final teams. Consistency of both gymnasts made the difference. Shishova's missed double back on floor cost her and teammate Tomilovich a place in finals as did the German Democratic Republic's Felecke. Ruth's missed beam routine kept her and World Champion Michael Neklasy from finals. Japan's Shinji Mori was held to a score of 9.70 HB and a 9.70 V in the first two rounds only



1982 International Mixed Pairs Champion, California's Julianne McNamara and Oklahoma's Bart Conner



Jim Harring (left) and Mixed Pairs co-champion Gina Soltikoff finished third in the competition.



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International Mixed-Pairs  
Gymnastics Championships  
Jacksonville, Florida  
March 9, 1982

Place	Name (woman/man)	Country	1st event score	2nd event score	3rd event score	Total
1	Julianne McNamee Bret Connor	USA	86.80	88.80	90.88	266.48
2	Tang Xiaoqi Zou Lutin	PRC	92.75	88.70	91.48	272.93
3	Giles Stallone Jim Hartung	USA	92.65	88.80	91.78	273.23
4	Tatyana Fratina Alexander Pogonov	USSR	91.40	88.75	90.75	270.90
5	Zoya Serebrikova Olegian Banquet	RUS	90.80	91.65	89.85	272.30
6	Martina Ploskova Juergen Steger	CZE	88.40	88.80	91.85	269.05
7	Allina Shishova Alexander Tumilovich	USSR	91.80	88.30	89.30	269.40
8	Frederica Gatz Michael Holley	CAN	89.95	88.90	91.75	268.60
9	Ayumi Shinohara Shigeki Morita	JPN	88.40	89.10	89.70	267.20
10	Zhou Xingsong Xu Zhongguan	PRC	88.55	87.80	89.70	266.05
11	Michael Ernst Bernd Jenich	GBR	89.50	87.85	91.35	268.65
12	Lia Young Andrew Morris	GBR	87.00	88.90	91.70	267.60
13	Anna Maria Desarro Eduardo Pérez	CAN	87.40	89.80	91.80	268.00
14	Trisse Tolonen Peter Tolonen	USA	89.10	88.70	91.70	269.50
15	Tremplin Schenck Markus Lehmann	SUI	87.30	88.40	91.40	267.10
16	Alfredo Chantre Kiyoshi Oso	JPN	87.50	88.20	91.70	267.40
17	Bonnie Wiltshire Jean Chappelle	CAN	87.85	87.70	91.50	267.05
18	Tuende Zellinszky Gyorgy Zellinszky	HUN	87.70	88.70	91.50	268.90
19	Sandrine Wichter Jean-Luc Calon	FRA	87.00	87.80	91.20	265.00



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1930" x 3620", 1933" x 3624",  
1934"

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Expenditure	With	Without
Y 619		
X 62.75		
F 62.6		

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## BULLETIN/CALENDAR

**USGF 1992 TENTATIVE SCHEDULE**

June '93		September '93	
1 thru 5	Ronnie Galli Cup (Amsterdam)	July 20	Pacific Kite (Hammond)
2 thru 5	USA Champs (Long Beach)	35 thru 36	USAF Congress '93 (Fort
17 thru 19	Hammonas (NY) [T]		Worth, TX)
	USA Intercollegiate (Anchorage)		Rhythmic International
26 thru 28	Four Winds, TX)	30 thru Oct. 1	Invitational (Atlantic
	Jr. Olympic Boys		City, NJ)
	(Philadelphia, PA)		
July '93		October '93	
1 thru 10	Jr. Boys Training Camp	14 thru 16	World Cup (Vologradia)
9 & 10		30 thru 31	Baron Cup
18 & 19			
25 thru 34	Explorers Olympics		Nothing Scheduled
	National Series (Fresno)		
	[Inglewood, CA]		
August '93		December '93	
20 thru 28	Cancer's Pulse (Mo.)	17 thru 20	USAF Night Elimination M/W
			[Oklahoma]
		21 & 22	Jr. Boys' Training
		31 (Aug. January)	Camp



**USGF Member Associations:** This Department will publish historical and timely articles encompassing the 18 member associations which comprise the USGF. Contributions and member associations should include with their double-spaced typewritten manuscript, a short personal biography. Manuscripts may be edited for length and style, and any included photos should be black and white, 5" x 7" or larger and have an attached photo description and identity of photographer.

**Basic:** This Department will attempt to cover the basic elements needed for proper overall gymnastics development — flexibility, desire, motivation, strength, etc. This continuing series encourages a variety of viewpoints and "basic" definitions. Submitted manuscripts may be edited for length and style. Illustrations and photos should be black and white, 5" x 7" or larger, and have an attached description and credit. Please include a brief personal background.

**Guest Opinions:** Readers are encouraged to submit constructive commentaries or criticisms to the Editors of this magazine for possible publication under the Guest Opinions Department. Manuscripts should be approximately 10-150 words in length and should be oriented toward identifying solutions to problem areas. This department is designed as a forum for members of the readership to "speak their piece." Contributors to this department should include with their double spaced typewritten manuscript a short biography of their involvement with gymnastics and a head shot photograph.

Address submissions to: USOF Publications Department  
P.O. Box 76860  
Fort Worth, Texas 76111

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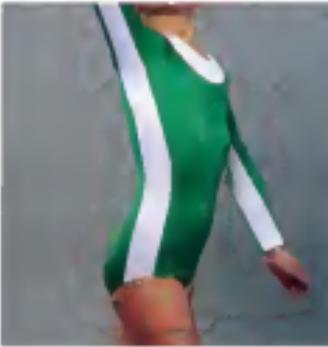
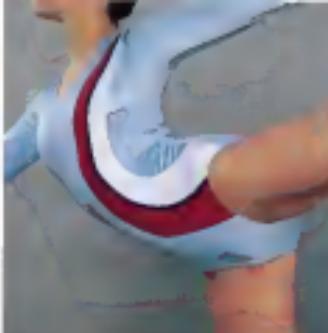
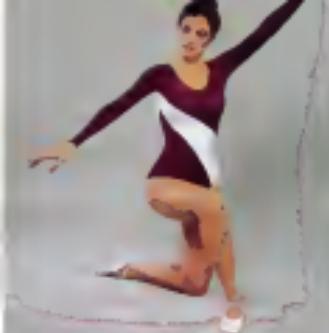
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